

ANNUAL EVALUATION 2017
HEALTH & PHYSICAL EDUCATION,
ART EDUCATION AND WORK EDUCATION

Standard : IX

Score : 45

Time : 2 hrs

Instructions

1. Question paper is common for Health & Physical Education, Art Education and Work Education
2. A total time allotted for the examination is 2 hrs.
3. 15 minute is given as 'cool off time'
4. Answer of each area should be written in separate papers.

HEALTH & PHYSICAL EDUCATION

Write the correct answers for the questions 1 to 3. Each answers carry 1 score.

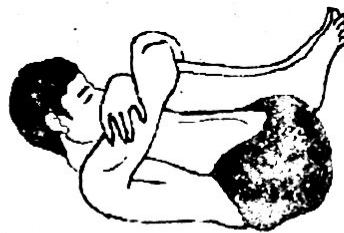
(3x1=3)

1. Which among the following Sport enhances the Cardio respiratory Endurance?
 a) Chess b) Archery c) Football. d) Carroms
2. Which sport is known as the National Sport of India?
 a) Hockey b) Basketball c) Kabaddi d) Tennis
3. What is the major component in the Diet of a long distance runner?
 a) Fat b) Carbohydrate c) Protein d) Minerals

Attempt any 3 questions from 4 to 8. Each answers carry 2 scores.

(3 x 2=6)

4. Childhood obesity is a serious health condition that affects children. Explain the remedial measures to prevent this?
5. Swimming is the best activity to improve Cardio respiratory Endurance. Explain the health benefits of Swimming?
6. Given below is the image of Pavanamukthasana. Explain the health benefits of it?



7. Explain the harmful effects of smoking?
8. What are the major components of a Balanced Diet?

Answer any two questions from 9 to 11. Each correct answer carries 3 score.

(2x3=6)

9. Explain the precautions to be taken before Yoga practice?
10. Explain the things to be taken care of to lead a healthy life style?
11. List out the values and attitudes gained through participation in physical activity?

ART EDUCATION

Write the correct answers for questions 1-9. Each question carry 1 score. (9x1=9)

1. In which raga is National Anthem (Janaganamana) composed?
a) Mohanam b) Thodi c) Hamsadhvani d) Sankarabharanam
2. Which style in music is known as 'Kerala Sangeetham'?
a) Karnatic Music b) Hindusthani Sangeetham
c) Sopana Sangeetham d) Rabeendra Sangeetham
3. There are several cartoonists in India. Identify cartoonist from the options given below?
a) Kanayi Kunjhiraman b) T. Kaladharan
c) Toms d) M.F.Hussain
4. 'Pieta' is a world famous sculputre. (Virgin Marg cradling the dead body of Jesus). Identify the sculptor of Pieta?
a) C.N.Karunakaran b)Michel angelo
c) K.C.S. Panikar d)T.K. Padmini
5. Which among the following is not related to the dance form Thullal?
a) Ottan b) Padayani c) Parayan d) Sheethangan
6. What is the name given for the dance choreography of Bhajan and Patriotic song?
a) Classical dance b) Semi classical dance
c) Thidambu Nritham d) Mudi yettu

7. Dance form that gives importance to 'lasya' with slow movements and simple acting?
- a) Kathakali b) Ottamthullal
c) Mohiniyattam d) Yekshaganam
8. Name the visual performance which gives prime importance to physical movements?
- a) Mono act b) Mime
c) Solo drama d) Amateur drama
9. In drama presentation which among the following has great relevance as that of performers?
- a) Front and back curtain b) Well closed hall
c) Built up stage d) Background music and light

Questions 10-12 carry 2 scores each.

(3x2=6)

10. What are the things to be primarily considered while composing music to the poems?
11. What are the materials needed to draw a picture using water colour?
12. Mention the different stages of movie making in sequential order?

WORK EDUCATION

Choose the correct answer for questions 1-3. Each carries one score.

(1 x 3 = 3)

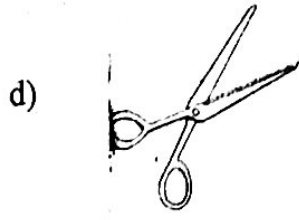
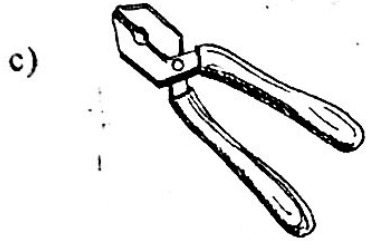
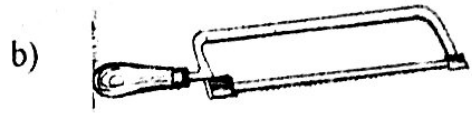
1. Which day is known as Work Experience Day or Nattarivu Dinam?
- a) August 15 b) August 6 c) August 9 d) August 21
2. Name the tool to detect the presence of phase in electricity?
- a) Screwdriver b) Line tester c) Pocker d) Knife
3. Material used for smoothening the pieces of bamboo and coconut shell
- a) Conechisel b) Sandpaper c) Hawksaw d) Cuttingplier

Attempt any 4 questions from 4 - 8. Each carries two score.

(4 x 2 = 8)

4. Write the materials required for preparing writing board?
5. Write any four jams?
6. Name the secondary colours formed by the combination of the primary colours of red, yellow and blue?

7. Name the tools given below in the picture?



8. How many types of puppets are there? Name them.

Attempt any one question from 9-10. Each carries four score. (1 x 4 = 4)

9. Explain the method of budding, grafting and layering to develop high yielding crops of plant, with the help of drawing?

10. Explain any three medicinal plants useful in our daily life?