

Pre-Board Examination, January 2020
Home Science(064)

STD: XII

MAX MARKS: 70

DATE:16.01.2020

TIME: 3 HRS

General Instructions

1. All questions are compulsory however internal options are given
2. Marks of each question are indicated against it.
3. Read each question carefully and answer to the point and with examples wherever required.
4. This question paper contains 33 questions.

SECTION-A

- 1) Two occupations you can choose after you are trained in the area of food and nutrition are _____ and _____ (1)

OR

Two occupations you can choose after being trained in the field of fabric and apparel science are _____ and _____

- 2) Two ways village women are benefited from MGNREGA are _____ and _____ (1)
- 3) Savings can be increased by _____ and _____ (1)
- 4) Requirement of calcium for pregnant women is _____ (1)
- 5) Supplementary feeding is also known as _____ (1)

OR

Deficiency of protein causes _____ in children.

- 6) Rapid growth and development that occurs during puberty are generally referred to as _____ (1)
- 7) Kerosene, benzene and spirit are examples of _____ (1)
- 8) Development of concepts is primarily a part of _____ development (1)
- 9) A substance needed for our body for growth, energy, repair and maintenance is called _____ (1)

SECTION – B

- 19) After studying child development Mrs Jain started a nursery school, which is not doing well. Acquaint her with four ideas from her own expertise, implementation of which can help her extend her business and income. (2)

OR

Home science offers a wide range of self-employment opportunities. Support this statement with one example each from its any four fields.

- 20) State the difference between self-employment and wage employment(2)
- 21) Which two typically Indian cultural factors influence selection of food for a family. (2)
- 22) What are the four symptoms of diabetes? (2)
- 23) Suggest four investment schemes for your sister to save income tax on her income due to working in a government job.

OR

List any four long term goals for which your savings will come handy. (2)

SECTION - C

- 24) Seema is an adolescent girl, who suffers from convulsions. Her arms have many needle pricks marks. What do you think she is suffering from? What could be its two possible health hazards if this condition continues for a long time? In what three ways can she be helped out of this condition?

OR

Your friend does not eat much food as she thinks she is very fat. What do you think is the problem with her? What are the consequences if it continues for too long? Present 3 suggestions to get her out of this problem. (3)

- 25) Your sister is going to purchase jam. Elaborate 6 instructions you will give to her to select a good quality jam. (3)

SECTION – D

- 26) Suggest two ways in which each of the family members can increase their money and real income with the use of assets and skills. (4)
- 27) Identify 8 possible mistakes consumers make which may prevent them from filing a complaint in the consumer court. (4)
- 28) Rita's silk blouse has an unknown stain on it. Name the method and give steps of the procedure she should follow to remove the stain.

OR

After 3 months when Rina took out her dress from the storage, she found patches and holes in it. She was surprised to see the damage because she had removed the stains before storing it. Explain in detail 8 possible reasons that might have caused this damage. (4)

- 29) Define food adulteration. What are the two common adulterants of pulses? If such pulses are consumed, what harm can these adulterants cause?

OR

List 4 malpractices followed by shopkeepers related to weights and measures and how consumers can stop each of them. (4)

SECTION -E

- 30) Identify 5 emotional changes happening in adolescent girls. How do these influence their personality? OR

What are five health and wellness need of people in late adulthood stage and how can they be met? Do you think adults are getting these sufficiently? (5)

- 31) Describe the five changes in a normal diet which are made for therapeutic reasons, explaining the necessity for each of these changes. (5)
- 32) Differentiate between LIC and NSC schemes of investment.

OR

Compare the features of EPF and PPF (5)

- 33) Leaflets and internet both are important consumer aids. List three advantages and two disadvantages each using both
