

**MODEL EXAMINATION (DECEMBER – 2017)****CLASS: XII Div: E****HOME SCIENCE****Time: 3 hrs.****Date.....****MAX. MARKS: 70****Name.....****Roll No.....****GENERAL GUIDELINES:**

- (i) All questions are compulsory.
- (ii) There are total 25 questions.
- (iii) Questions no.1-6 are of 1 mark, to be answered in one or two lines.
- (iv) Questions no.7-13 are of 2 marks, to be answered in 10-20 words.
- (v) Questions no.14-15 are of 3 marks, to be answered in 20-30 words.
- (vi) Questions no.16-21 are of 4 marks, to be answered in 40 words.
- (vii) Questions no.22-25 are of 5 marks, to be answered in 50-60 words.
- (viii) Support your answer with suitable examples wherever required.

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| 1  | In 2010, what are the changes suggested by ICMR in the daily needs of Iron and Proteins for pregnant women?   | 1 |
| 2  | List any two benefits of MGNREGA.   | 1 |
| 3  | Your sister is a Home Science graduate with special interest in textiles. Suggest her two employment opportunities which will help her to enhance her skills in the area of her interest. | 1 |
| 4  | Give two reasons to the members of a family for the need to supplement their income.  | 1 |
| 5  | Give two advantages of washing clothes with a detergent.  | 1 |
| 6  | Draw a standard mark which indicates that the product is environment friendly.  | 1 |
| 7  | In what two ways is identity of adolescent boys influenced by their cognitive changes?  | 2 |
| 8  | Suggest four ways of helping your friend who is suffering from depression.  | 2 |
| 9  | Propose a plan to meet the social needs of an eighty-year-old man.  | 2 |
| 10 | Your mother is forty years old. In your opinion, what are her two new responsibilities of this stage? How has she adjusted to these changes?  | 2 |
| 11 | “Meals for a patient can be modified from normal meals by changing their frequency and the nutrients.” Support this statement with the help of one example each.                          | 2 |
| 12 | Use one example each to show that selection of foods is influenced by their availability and family traditions.   | 2 |

- 13 Prepare four rules to ensure hygiene of your kitchen surfaces. 2
- 14 Your friend does not eat much food as she thinks she is very fat. What do you think is the problem with her? What are the two consequences if it continues for long? Present three suggestions to get her out of this problem. 3
- 15 People of Basra village use alum to make the well water potable. Convince them to use chlorine instead. Also tell them the correct procedure of using chlorine. 3
- 16 The water in which you soaked the Bengal gram (Chana dal) turned yellow. The shape of the grains was also not uniform. What, in your opinion, is the reason for both these problems? Name two more foods with which you have the same problem. Mention two health hazards each of consuming such foods. 4
- 17 Your sister bought two meters of cloth but when her tailor measured it, it was less than that. Mention four ways the shopkeepers generally cheat their customers. Tell her at least four buying tips which can safeguard her from such frauds in future. 4
- 18 What is jaundice? Write its three specific clinical symptoms. Suggest four specific dietary recommendations for such patients. 4
- 19 Suggest four ways each for family members to increase their direct and indirect real income. 4
- 20 A family has been served dahi bhalla, chana bhature and mango pickle for lunch. Suggest four modifications in this meal to suit the nutritional requirements of a lactating woman. Give four reasons for your suggestions 4
- 21 Mr. Sharma wants to file a case in a Consumer Court against a company for its poor services. Guide him on all the aspects of filing the complaint. 4
- 22 Advertisements shown on television and internet both are important consumer aids. List three advantages and two drawbacks each of using both. 5
- 23 Compare the features of Public Provident Fund (PPF) and Employee Provident Fund (EPF). 5
- 24 Neha has some tea and ball pen ink stains on her cotton dress. Suggest her one suitable chemical each along with six important precautions she should adopt while removing these stains. Name more stains for which these two chemicals can be used. 5
- 25 You have to design a frock for a one-year-old girl. What two features would you consider while selecting fabric for the frock? Suggest four ways each you can ensure rhythm and satisfactory workmanship in this dress. 5