

MODEL EXAMINATION (DECEMBER– 2017)

CLASS: XII-C

PSYCHOLOGY

Time: 3hrs.

Date.....

MAX. MARKS: 70

Name.....

Roll No.....

General Instructions

- All questions are compulsory and answers should be brief and to the point. Marks for each question are indicated against it.
- Questions no. 1 – 10 in Part A are very short answer questions. Each questions carrying 1 mark each. You are expected to answer them as directed.
- Questions no.11-16 in Part-B are very short type questions carrying 2 marks each, Answer to each question should 30 words each.
- Questions no. 17-20 in Part-C are short answer type-I questions carrying 3 marks each. Answers to each should not exceed 60 words each.
- Questions 21-26 in Part-D are short Answer type-II questions carrying 4 marks each. Answer to each question should not exceed 100 words each.
- Question no. 27 and 28 in Part-E are long answer type questions carrying 6 marks each. Answer to each Question should not exceed 200 words each.

PART-A

- 1 If a person has the skill of understanding motives, feelings and behaviours of other people, he/she is said to have 1
- a) Interpersonal intelligence
 - b) Intrapersonal intelligence
 - c) Linguistic intelligence
 - d) Social intelligence
- 2 _____ focuses on the links between the mind, brain, and the immune system. 1
- 3 When an individual changes in a direction opposite to the existing attitude, it is called incongruent attitude change (True/ False) 1
- 4 A student thinks that he can complete the task effectively and achieve his goal. This is an example of: 1
- a) Self-efficacy
 - b) Self esteem
 - c) Self-concept
 - d) Self-control
- 5 The technique used for treating phobias or irrational fears is _____ 1

- 6 Even though Ajay's father has recently bought him a pair of trousers, Ajay is insisting on buying a new pair of a particular brand of jeans that all his classmates are wearing. Ajay's behavior illustrates _____ 1
- Conformity
 - Competition
 - Obedience
 - Compliance
- 7 A _____ is a purposeful conversation between two or more people that follows a basic question and answer format. 1
- 8 Mamta is suffering from a rare disease but her mother is refusing to accept the reality. She insists on taking Mamta from one doctor to another hoping to hear that nothing is wrong with her daughter. This is an example of: 1
- Projection
 - Denial
 - Reaction Formation
 - Rationalisation
- 9 _____ is a reduction in individual effort when working on a collective task. 1
- 10 Sunil shows loss of interest in most of the activities, cannot sleep well at night, exhibits excessive guilt and loss of interest in activities that he would enjoy earlier. Sunil's symptoms are akin to that of _____ 1

PART - B

- 11 What does Eysenck consider to be the two most important dimensions of personality? 2
- 12 'Poverty begets poverty'. Explain. 2
- 13 Identify the unhelpful habits that makes us vulnerable to stress? 2
- 14 How can you rehabilitate patients to become productive members of society? 2
- 15 Distinguish between formal and informal group. 2
- 16 Explain the features of observation method? 2

PART -C

- 17 A person shows break-up in relationships, increased body weight, poor performance in school and at work. State the factors predisposing this disorder. 3
- 18 State any three factors that influence attitude change? 3
- 19 Define communication. Explain the two types of communication skills? 3
- 20 State any three elements of group structure? 3

PART- D

- 21 Explain briefly PASS model of intelligence? 4
- 22 Explain the different causes of aggression? 4
- 23 Discuss any four techniques to manage stress? 4
- 24 State the factors that influence attitude formation. 4
- 25 A five year old child is showing disruptive behaviour in the class. As her teacher, which form of therapy would you use to help modify her behaviour? 4
- 26 State the four competencies of intelligence in the Indian tradition. 4

PART- E

- 27 Define personality. Explain assessment of personality using behavioural analysis. 6

OR

What is the main proposition of humanistic approach to personality? What did Maslow mean by self-actualisation?

- 28 What are Anxiety disorders? Discuss in detail 6

OR

What are the various disorders specific to children?