

## PRE-BOARD EXAMINATION-2 (JANUARY– 2020)

CLASS: XII

PSYCHOLOGY

Time: 3hrs.

Max. MARKS: 70

**General Instructions :**

- All questions are compulsory and answers should be brief and to the point. Marks for each question are indicated against it.
- Questions no. **1 – 17** in Part A are objective type questions carrying **1** mark each. You are expected to answer them as directed.
- Questions no.**18-21** in Part-B are very short type questions carrying **2** marks each, Answer to each question should **30** words each.
- Questions no. **22-24** in Part-C are short answer type-I questions carrying **3** marks each. Answers to each should not exceed **60** words each.
- Questions **25-30** in Part-D are short Answer type-II questions carrying **4** marks each. Answer to each question should not exceed **100** words each.
- Question no. **31** and **32** in Part-E are long answer type questions carrying **6** marks each. Answer to each Question should not exceed **200** words each.

**PART-A**

- 1 \_\_\_\_\_ takes place when you perceive the relations among various concepts and integrate them into meaningful pattern for comprehension. 1
- a. Planning
  - b. Simultaneous processing
  - c. Attention
  - d. Successive processing
- 2 Amina is hardworking, committed and patiently works towards her goal. She is said to be high on \_\_\_\_\_ competence. 1
- a. Entrepreneurial
  - b. Emotional
  - c. Social
  - d. Cognitive
- 3 Children with high \_\_\_\_\_ self-esteem perform better in schools. 1
- a. Social
  - b. Academic
  - c. Athletic
  - d. Physical appearance

- 4 Individuals characterised by this personality are cooperative, unassertive and patient. They suppress their negative emotions and show compliance to authority. 1
- Type A
  - Type B
  - Type C
  - Type D
- 5 \_\_\_\_\_ is a behaviour or skill that helps to communicate, clearly and confidently, our feelings, needs, wants, and thoughts. 1
- 6 A child gives notes to his/her friend, since s/he was absent from school due to sickness. Identify the kind of support that the friend is receiving. 1
- Information support
  - Emotional support
  - Social support
  - Tangible support
- 7 \_\_\_\_\_ involves a dreamlike state in which a person has a sense of being separated both from self and reality. 1
- Dissociative fugue
  - Dissociative identity disorder
  - Depersonalisation
  - Dissociative amnesia
- 8 Children with \_\_\_\_\_ have marked difficulties in social interaction and communication, a restricted range of interests, and strong desire for routine. 1
- 9 In Electro-convulsive therapy mild electric shock is given via electrodes to the brain of the patient to induce convulsions. True/False. 1
- 10 The norm of \_\_\_\_\_ states that we should help those persons who have helped us in the past. 1
- Social responsibility
  - Reciprocity
  - Equity
  - None of the above
- 11 The concept of \_\_\_\_\_ was proposed by Fritz Heider. 1
- 12 Choose the elements of group structure from the options given below: 1
- Proximity and similarity
  - Cohesiveness and status
  - Size of the group and size of the minority
  - Reward structure and reciprocity
- 13 \_\_\_\_\_ is a collection of people who may be present at a place/situation by chance. 1
- 14 The instrumental perspective refers to the view of the environment as something to be respected and valued rather than exploited. True/False. 1
- 15 You were interviewed by your school selection team for the post of head boy/head girl. Identify the interpersonal distance in this situation. 1
- Public distance
  - Social distance
  - Intimate distance
  - Personal distance

- 16 \_\_\_\_\_ means that your behavioural expressions are consistent with what you value, the way you feel and relate to your inner self-image. 1
- a. Empathy
  - b. Positive regard
  - c. Authenticity
  - d. Congruency

- 17 The term skill may be defined as proficiency, facility or dexterity that is acquired or developed through training and experience. True/False. 1

**PART - B**

- 18 What are the symptoms associated with depression and mania? 2
- 19 How does Tuckman's stage model help you to understand the formation of group? 2
- 20 Explain any two types of stress? 2
- 21 A) How can faulty behavior be modified with token economy? Elucidate with the help of an example. 2

**OR**

- B) What are the techniques used in the rehabilitation of the mentally ill?

**PART -C**

- 22 Explain the types of intelligence tests? 3
- 23 A) Enumerate the different ways of coping with stress. 3
- OR**
- B) Describe any three life skills which you think will help you in meeting the challenges of school life.
- 24 Your school is organizing a picnic. Using techniques of compliance, suggest a plan to get your parents to agree to send you for this picnic. 3

**PART- D**

- 25 A) Describe Robert Sternberg's Triarchic theory of intelligence. 4
- OR**
- B) Explain briefly any four multiple intelligences identified by Gardner.
- 26 'Projective techniques were developed to assess unconscious motives and feelings'. Elaborate the statement and explain any two such techniques. 4
- 27 Explain any two of Freud's psychosexual stages of development. How did Freud explain the concept of fixation and regression? 4

- 28 You are a career counsellor. Design an interview format to help Ahmed select an appropriate career. 4
- 29 Banning smoking in public places is one of the steps taken by the government to promote pro environmental behavior. Suggest some steps that can be used to promote pro-environmental behavior. 4
- 30 A) In the last few years, Sidra has had to face many difficult circumstances. Quite often, she finds herself asking questions about the meaning of life. How will existential therapy alleviate her distress and help her achieve a sense of wholeness? 4

**OR**

- B) Fatima has been feeling anxious and depressed. She is convinced that no one loves her and that it would be very difficult for her to succeed. How will Beck's cognitive therapy help her deal with her negative thoughts?

**PART- E**

- 31 A) What do you understand by the term Dissociation? Discuss its various forms. 6

**OR**

- B) What is addictive behavior? Name any two frequently abused substances and describe their consequences.

- 32 A) What do you mean by pro-social behaviour? Explain the factors that influence pro-social behaviour. 6

**OR**

- B) What is prejudice? Explain the sources which leads to the development of prejudices.