

Pre Board -1 Examination – December 2019

Roll No.

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Series SSR / 1

Code No. 037/ 1 / 2

- Please check that this question paper contains 3 printed pages.
- Code number given on the right hand side of the question paper should be written on the title page of the answer-book by the candidate.
- Please check that this question paper contains 31 questions.
- Please write down the serial number of the question before attempting it.

Psychology

Class : XII

Date : 14-12-2019

Time allowed : 3 hrs.

Max marks : 70

General Instructions:

- All questions are compulsory.
- Answers should be brief and to the point.
- PART- A** has 17 Learning Checks carrying 1 mark each. You are required to answer them as directed.
- Questions in **PART- B** are Very Short Answer type questions carrying **2 marks** each. Answer to each question should not exceed 30 words.
- Questions in **PART- C** are Short Answer Type I questions carrying **3 marks** each. Answer to each question should not exceed 60 words.
- Questions in **PART- D** are Short Answer Type II questions carrying **4 marks** each. Answer to each question should not exceed 100 words.
- Questions in **PART- E** are Long Answer Type questions carrying **6 marks** each. Answer to each question should not exceed 200 words.

PART – A (17x1=17)

- According to whom persons with high IQ are not necessarily creative.
- Electro convulsive therapy(ECT) is a type of :
 - Behaviour therapy
 - Humanistic therapy
 - c) Biomedical therapy
 - d) Psychodynamic therapy
- Self esteem is the judgement of self worth. (True/False).
- Preference for engaging in one or more specific activities in comparison to others is _____

5. Raju failed in his examination and attributed this to his faulty pen. What defense mechanism did Raju use?
6. _____ refers to our ability to organise and monitor our own behaviour.
7. _____ is a therapeutic system developed by Albert Ellis. It seeks to replace irrational thoughts, problem solving with realistic ones
8. In case of _____ disorder, an individual may eat excessive amount of food, then purge his/ her body using medicines such as laxatives.
9. The state of physical, social and psychological exhaustion is called as
10. Match the following

1. Client-centered therapy	A. Reinforcement for maladaptive behaviour
2. Behavior therapy	B. Experience of unconditional positive regard
3. Cognitive therapies	C. Unconscious conflicts, unresolved conflicts of childhood
4. Psychoanalysis	D. Misconceptions, negative, self defeating thinking
11. The two step concept of attitude change was proposed by?
12. _____ conducted a study on attitude behaviour relationship using a Chinese couple.
13. Groups are more likely to take extreme decisions than individuals alone. (True/False)
14. Name the disorder created after experiencing a traumatic event like a natural disaster.
15. Distinction between the rich and poor, favouring the rich and advantaged is called as Deprivation (True/False)
16. Ability to communicate ones ideas, feelings and information in verbal, non verbal and written form is _____ skill.
17. Questions that are less direct and specify only the topic is an example of:

a) Open ended b) Close ended c) Bipolar d) Direct

PART – B (4x2=8)

18. What is Eustress and distress?
19. What is a Bandwagon effect?

OR

Differentiate between Hallucinations and Delusions

20. What is Logotherapy and who developed it?
21. Briefly discuss the Diathesis stress model of abnormality.

PART – C (3x3=9)

22. How is creativity related to intelligence?
23. What is personality? Differentiate between trait and types approaches of personality.

OR

Individuals possess a number of traits which are dynamic in nature. Describe Allport's categorization of traits.

24. Describe any three types of dissociative disorders.

PART – D (6x4=24)

25. What is the theory of intelligence proposed by Sternberg. Explain
26. Write a note on the five stages of development by Freud.
27. Enumerate the various ways of coping with stress.
28. What is a group? Describe the various reasons why people join a group.

OR

What is obedience? Why do people show obedience

29. Describe the psychological characteristics and effects of stress.
30. Write a note on the ethics of Counselling

PART- E (2x6=12)

31. What are the various factors underlying abnormal behaviour? Explain in detail.

OR

What are Somatic symptom disorders. Discuss its various types

32. What is social facilitation and social loafing. What factors influence social facilitation

OR

Give a detailed description of the factors that influence attitude change.



