

PRE-BOARD EXAMINATION, JAN/FEB, 2018
Subject : PSYCHOLOGY
SET: A

Class : XII

Max.Marks: 70

Date :

Time: 3 hours

General Instructions:

- a) All questions are compulsory.
- b) Answers should be brief and to the point.
- c) Questions from 1-10 in **PART A** carry **1 mark** each. Answer them as directed.
- d) Questions from 11- 16 in **PART B** carry **2 marks** each. They should not exceed **30 words**.
- e) Questions from 17-20 in **PART C** carry **3 marks** each. They should not exceed **60 words**.
- f) Questions from 21-26 in **PART D** carry **4 marks** each. They should not exceed **100 words**.
- g) Questions from 27 -28 in **PART E** carry **6 marks** each. They should not exceed **200 words**.

Part A

[10 x 1= 10]

1. The Structure of Intellect Model was proposed by
 - a) Charles Spearman
 - b) Arthur Jensen
 - c) Howard Gardner
 - d) J.P. Guilford
2. Type-D Personality is characteristics by proneness to Depression . [True/ False]
3. _____ takes a person back to an earlier stage.
4. _____ is a method for coping with stress.
 - a) Relaxation Training
 - b) Meditation Procedure
 - c) Biofeedback
 - d) All of the above
5. ADHD stands for _____.
6. The technique used for treating Phobias or Irrational Fear is _____.
7. Pro-Social Behaviour is known as
 - a) Harmonious Behaviour
 - b) Altruism
 - c) Empathy
 - d) None of the above
8. A collection of people around a roadside performer is an example of a crowd.

[True / False]

9. Forceful destructive behaviour towards another person or object is described as _____.

10. The Initial step in the Listening Process is

- a) Attention
- b) Reception
- c) Paraphrasing
- d) Assignment

Part B

[2 x 6 = 12]

- 11. Describe the Two-Factor Theory of Intelligence?
- 12. Why do we Classify Psychological Disorders?
- 13. What is Unconditional Positive Regard?
- 14. What are Values?
- 15. What do you mean by the term “ Density” ?
- 16. Explain the term Paraphrasing in Human Communication?

Part C

[3x 4 = 12]

- 17. Describe the Personality Theory of Alfred Alder?
- 18. What is Examination Anxiety?
- 19. Discuss Logotherapy?
- 20. Differentiate between Formal and Informal Groups?

Part D

[4 x 6 = 24]

- 21. Differentiate between Personality Inventories and Projective Techniques?
- 22. What do you understand by Internet Addiction?
- 23. What are the factors that influence Attitude Change?
- 24. Describe the Elements of Group Structure?
- 25. Describe the Kinds of Interpersonal Physical Distance?
- 26. “Effective Communication is possible with Body Language”, Comment ?

Part E

[6 x 2 = 12]

- 27. What is Creative Thinking? What are the Types of Creative Thinking?
 - 28. Describe the Life Skills which help in meeting the Challenges of School Life?
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