

SYLLABUS 2021-2022

STANDARD: 12

SUBJECT: GENERAL NURSING

MONTH	Total No. of Units	UNIT	CONTENT
January	3	3 Applied Psychology	Introduction 3.1 Definition of Psychology 3.2 Importance of Psychology in Nursing 3.3 Maslow's Theory of Motivation 3.5 Attitude 3.6 Emotions
			Practical: 3. Diet for Various Conditions
		4 Applied Sociology	Introduction 4.1 Definition 4.2 Principles of Sociology 4.3 Importance of Sociology in Nursing
		5 Applied Nutrition	Introduction 5.1 Terminology 5.2 Classification of Foods 5.3 Role of Nutrition in Maintaining Health 5.4 Factors Affecting Food and Nutrition 5.5 Carbohydrates 5.6 Fat 5.7 Proteins 5.8 Vitamins
			Practical: 4. Home Nursing



February	3	6 Introduction to Sex Education	Introduction 6.1 Definition Aims of sex education 6.2 Good touch 6.3 Bad touch 6.4 Sexual harassment
		7 Midwifery Nursing	Introduction 7.1 Definition 7.2 Maternal Physiological Changes During Pregnancy 7.3 Diagnosis of Pregnancy 7.4 High Risk Pregnancy 7.5 Normal Labour 7.7 Normal Puerperium
		8 Child Health Nursing	Introduction 8.1 Definition of New Born 8.2 Medical and Special Care New Born 8.3 Universal Immunization Programme 8.7 Maternal and Child Health Services