

**SAMAGRA SHIKSHA, KERALA**  
**ANNUAL EVALUATION 2021-22**  
**Health & Physical Education,**  
**Art Education and Work Education**

**E9001**

Class: IX

Time: 2 hrs.  
Score : 45


**Instructions**

- Question Paper consists of 3 parts - Health & Physical Education, Art Education and Work Education.
- Each part carries 15 score.
- 15 minutes for cool off time and 2 hrs for writing the answers can be taken together and the writing can be started from commencement of the exam itself.
- Answer of each part should be written in separate answer sheets.
- Subject, Name, Class and Roll number should be written in each answer sheet.

**HEALTH AND PHYSICAL EDUCATION**

Time: 40 mts.  
Score : 15

Attempt any **FOUR** questions from 1 to 6. Each question carries 1 Score.  
(4 × 1 = 4)

1. 'Modified step test' is used to measure which physical fitness component?  
(Cardio-respiratory endurance, Muscular Strength, Flexibility, Co-ordination)
2. The Equipment given in the picture is related to which sports event?  
( Hockey, Tennis, Softball, Handball )  

3. Which Yogasana helps to discard "the trapped digestive gas" ?  
( Bhujangasana, Pavanamuktasana, Sasangasana, Parvathasana )
4. Which among the following was the venue of the first National Games in 1924?  
( Kerala, Haryana, Delhi, Lahore )
5. Name the condition in which the level of glucose varies in the blood?  
( Diabetics, Fever, Blood Cancer, Obesity )
6. Which day is observed as International Yoga Day?  
( October 13, June 21, August 29, March 25 )

**Attempt any FOUR questions from 7 to 12. Each question carries 2 Score.**  
(4 × 2 = 8)

7. What are the main aims of SGFI ( School Games Federation of India )?
8. Explain the benefits of practising Bhujangasana ?
9. What is Malnutrition? Mention the negative impact of Malnutrition to our health?
10. What are the benefits of practising Swimming?
11. What is Stress? Mention the ways to reduce Stress.
12. Name any two diseases which causes due to the lack of physical exercise.

**Attempt any ONE question from 13 and 14 which carries 3 Score.**  
(1 × 3 = 3)

13. What is Sun Burn ? What are the precautions to prevent Sun Burn?
14. What are the advantages of exercise in the cardio respiratory system?

## ART EDUCATION

Time: 40 mts.

Score : 15

**Attempt any 4 questions from 1 to 6. Each answer carries 1 score.**

(4 × 1 = 4)

1. The pictures which are made with paper pieces and cloth pieces are called as?  
(Graphity, Etching, Collage, Lithograph)
2. Name of the marble sculpture which was done by Michalangelo?  
(Triumph of Labour, Pieta, The thinker, Christ the Redeemer)
3. The popular love songs of Hindustani music are known as.  
(Gazal, Thillana, Krithi, Padham)
4. Identify the musical instrument given in the picture?  
(Nagaswaram, Flute, Harmonium, Clarnet)
5. The expression when standing in front of an angry Elephant?  
(Santha, Bhayanaka, Sringara, Hasya)
6. The acting style in Chaturvidhabhinaya to communicate with the organs of the body?  
(Angika, Vachika, Aaharya, Swathvika)



**Attempt any FOUR questions from 7 to 12. Each one carries 2 score.**

**(4 × 2 = 8)**

- Name of the drawing method giving prominence to a person's face?  
Name the famous painting of Leonardo da Vinci in this category?
- Write a short description about the percussion instrument 'Chenda'?
- Write the names of two dance dramas which were composed by Kalamandalam Sathyabhama?
- To write a Drama, a story is the primary thing. After the creation of a story, what are the other factors needed for a script?
- Which are the musical instruments you observed in a musical concert at a festival venue?
- What is Natyabhinaya?

**Attempt any ONE question from 13 and 14 which carries 3 score.**

**(1 × 3 = 3)**

- Draw your self portrait from memory with maximum perfection. You can use either pen or pencil.
- Classify Karnatic musical instruments and Hindustani musical instruments from the list given below.  
(Violin, Tabala, Veena, Sitar, Thamburu, Sarod)

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### **WORK EDUCATION**

**Time: 40 mts.  
Score : 15**

**Attempt any 4 questions from 1 to 6. Each answer carries 1 score.**

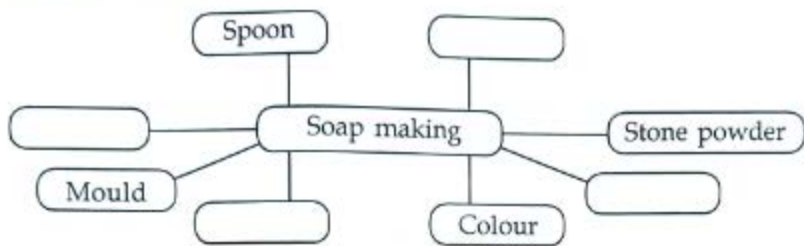
**(4 × 1 = 4)**

- Which of the following cleaning tool is powered by electricity?  
(Broom, vacuum cleaner, dust pan, mop)
- Which crop fertilizes the soil by nitrogen fixation?  
(beans, Ladies finger, pumpkin, coconut)
- Which material was used in the past instead of cement in the construction of house?  
(Lime powder, plaster of Paris, wooddust, coal)
- Which of the following is the method used to decorate clothes?  
(Fabric painting, glass painting, enamel painting, watercolour)
- Kanchipuram, famous for its silk sarees is situated in .....  
(Kerala, Tamil Nadu, Andhra Pradesh, Karnataka)
- Which of the following devices converts electricity to mechanical energy?  
(Bulb, ammeter, motor, microphone )

Attempt any FOUR questions from 7 to 12. Each one carries 2 score.

(4 × 2 = 8)

- Write any four methods to reuse old jeans?
- Describe the creative activities you did at home during this covid-19 period?
- Prepare a poster on nature conservation?
- Complete the word web.



- Match column A with column B appropriately

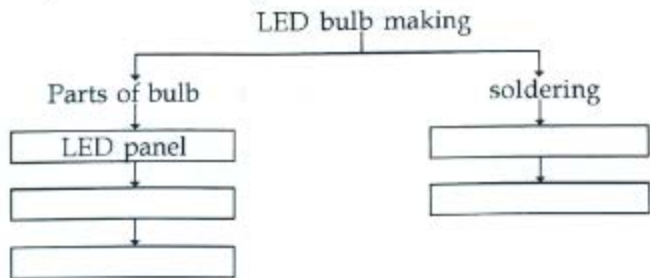
A

- Turmeric
- Agriculture equipment
- Food item
- Herbal plant

B

- idli
- aloevera
- Curcumin
- hoe (spade)

- Complete the following flowchart



Attempt any ONE question from 13 and 14 which carries 3 score.

(1 × 3 = 3)

- Now a days the use of LED is very common. What are the advantages of using LED bulbs?
- Describe the preventive measures you adopted during the covid-19 period.