

First Terminal Evaluation 2018 - 19
**HEALTH & PHYSICAL EDUCATION,
ART EDUCATION AND WORK EDUCATION**

Class: VIII

Time: 2 hrs

Total Score :45

Instructions

- Question paper consists of 3 parts - Health & Physical Education, Art Education and Work Education.
- Each part carries 15 score.
- 15 minutes for cool off time and 2 hrs for writing the answers can be taken together and the writing can be started from commencement of the exam itself.
- Answer of each part should be written in separate answer sheets.
- Subject ,Name, Class and Roll number should be written in each answer sheet.

HEALTH & PHYSICAL EDUCATION

Time: 40 minutes

Score :15

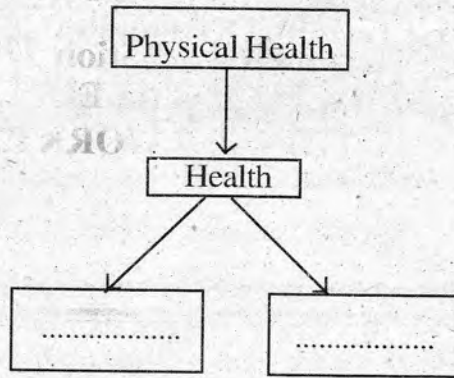
Choose the correct answer from the brackets. Questions 1 to 4 carry one score each.
(4 × 1 = 4)

1. Which of the following is World Health Day?
(June 7, March 17, April 7, January 17)
2. Which one is an immovable joint?
(Hip joint, Elbow joint, Skull joint, Vertebral joint)
3. Who says "It is health that is real wealth and not pieces of gold and silver"
(Jawahar Lal Nehru, Dr. B R Ambedkar, Rabindranath Tagore, Mahathma Gandhi)
4. What is called the ability of muscle to work for a long time without fatigue?
(Muscle strength, Balance, Agility, Muscle endurance)

Answer any 4 among the following questions from 5 to 9. Each question carries 2 score.
(4 × 2=8)

5. What is health according to the definition of WHO(World Health Organisation)?

6. Complete the following?



7. What are the positive changes that occur in skeleton system, while continuously engaging in physical activities?
8. What is the name given for freely movable joint? Give an example?
9. Match the following?

| A | B |
|--------------------------|---|
| Muscle power | Running maximum distance in minimum time |
| Balance | Able to play for a long time without fatigue |
| Speed | Able to walk along the rope stretched at a height |
| Cardiovascular endurance | Able to lift heavy objects from the ground |

Answer any one among the following questions from 10 and 11. Carries 3 scores.

(1×3 = 3)

10. What is meant by physical health? What are the points to be observed in achieving and maintaining good physical health?
11. What is Performance related physical fitness? Write its four components.

ART EDUCATION

Time: 40 minutes

Score :15

Choose the correct answer from the brackets. Questions 1 to 4 carry one score each.

(4 × 1 = 4)

1. In which direction the shadow is formed when one walks towards the sun?
(back, front, left, right)

2. Which is the background musical instrument used when reciting 'Kathakalippadam'?
(Veena, Violin, Maddala, Ganjira)
3. The artist who prepare stage vision in drama according to the theme is known as,
(Music director, Actor, Director, Rangasilpi)
4. Which is the traditional dance form of Kerala?
(Mohiniyattom, Thiruvathirakkali, Kadhak, Kuchupudi)

Answer any two of the following from 5 to 8. Each carries 3 scores. (2 × 3 = 6)

5. The theme of the picture drawn by us is a rescue operation after a landslide. What features would have been included in the picture to realise the above theme to a viewer. List any three features.
6. Name any three forms of 'Panchanada.'
7. Select three important factors inevitable for any stage art from the following.
Stage, Script writer, Viewer, Dance, Back ground
8. How many forms are there in 'Thullal' art? Which are they?

Answer any one of the following questions from 9 to 12. Correct answer carries 5 scores. (1 × 5 = 5)

9. Write whether the following statements are true or false.
 - (a) It is not necessary to draw the picture of an object based on light and shade to feel three dimensional shape.
 - (b) Raja Ravivarma is a well known foreign artist.
 - (c) The length of the shadow increases as the distance between the light source and the object increases.
 - (d) Collage pictures are those pictures which are drawn only using paints.
 - (e) The famous work 'Potato Eaters' is created by Vincent Van Gogh.
10. Match the following

| A | B |
|--------------------------|---------------------|
| • Art form of Tamil Nadu | • Lasyabhava |
| • Mohiniyattam | • Sopana Sangeetham |
| • Folk music | • Thalam |
| • Kathakali song | • Rhyme |
| • Thisranada | • Bharathanatyam |

11. Write five differences between Drama and Cinema.
12. Write a short note on any of the following traditional dance forms.
• Thiruvathira • Oppana • Margamkali

WORK EDUCATION

Time: 40 mts.

Score : 15

Choose the correct answer from the brackets. Questions 1 to 4 carry one score each.

1. Which of the following contains vitamin - A in abundance? (4 × 1 = 4)
(Leaves, Grains, Egg, Meat)
2. Which of the following is an organic pesticides?
(Malatheon, Furidan, Tobacco emulsion, DDT)
3. In which area of Work Education the preparation of 'leaf curries' includes?
(Clothing, Food and agriculture, Social service, Recreation)
4. Identify the organic waste from the following.
(Glass pieces, Plastic, E-waste, Food waste)

Answer any two of the following questions from 5 to 8. Each carries 2 scores.

(2 × 2 = 4)

5. What are the materials used for preparing porting mixture?
6. Write the process of preparing fruit salad.
7. Name any two modern agricultural farming.
8. Write the names of two organic waste processing methods.

Answer any one of the following questions 9 and 10. Correct answer carries 3 scores.

(1 × 3 = 3)

9. What are the six areas of Work Education?
10. Write three ways of protecting soil and water.

Answer any one of the questions 11 and 12. Four scores for the correct answer.

(1 × 4 = 4)

11. Write the work diary regarding the preparation of a cleaning device.
12. Describe the process of preparing an earthworm compost.