

# ANSWER KEY

SECOND YEAR HIGHER SECONDARY EXAMINATION MARCH 2022

PART-III/III

SUBJECT: PSYCHOLOGY

CODE NO: SY533 SAY733

VERSION: P

60 SCORES

02 HOURS

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
01		c. Systematic Desensitisation	1	1
02		d. Alfred Binet	1	1
03		b. WHO	1	1
04		c. Behaviour Therapy	1	1
05		d. Formal Group	1	1
06		a. Sheldon	1	1
07		c. Albert Ellis	1	1
08		a. General Adaptation Syndrome	1	1
09		b. Environmental Stress	1	1
10		Mania.	1	1
11		Analytical Psychology	1	1
12		Kirby	1	1
13		Individual Psychology	1	1
14		Structured Interviews	1	2
		Unstructured Interviews	1	

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
15		Diffuse, vague, very unpleasant feeling of fear and apprehension.	2	2
16		Any two of the following:- <ul style="list-style-type: none"> <li>- Delusions</li> <li>- Disorganised Thinking and speech</li> <li>- Heightened Perception</li> <li>- Hallucinations</li> </ul>	1 1	2
17		Any two of the following:- <ul style="list-style-type: none"> <li>- Negative Reinforcement</li> <li>- Aversive Conditioning</li> <li>- Positive Reinforcement</li> <li>- Token Economy</li> <li>- Systematic Desensitisation</li> <li>- Modelling</li> </ul>	1 1	2
18		Any two of the following:- <ul style="list-style-type: none"> <li>- Intelligence</li> <li>- Aptitude</li> <li>- Interest</li> <li>- Personality</li> <li>- Values</li> </ul>	1 1	2

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
19		Oedipus Complex Electra Complex	1 1	2
20		Any two of the following:- - Biomedical Therapy - Mild Electric Shock is given via electrodes to the brain of the patient - Psychiatrist only do - Effective in controlling symptoms - Electro-convulsive Therapy.	1 1	2
21		- ABC components. - Affective Components - Behavioural components - Cognitive Components [Explain.]	1 1 1	3
22		Explain - - Life Events - Hassles - Traumatic Events	1 1 1	3

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
23		Explain:- - Naturalistic Observation - Participant Observation	$1\frac{1}{2}$ $1\frac{1}{2}$	3
24		- Robert Sternberg Explain- - Componential Intelligence - Experiential Intelligence - Contextual Intelligence	1 1 1	3
25		Explain Any three - Repression - Projection - Denial - Reaction Formation - Rationalisation	1 1 1	3
26		- Given by Carl Rogers - Concept of Self, freedom and choice as the core		

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
		<ul style="list-style-type: none"> <li>- Client can reconnect with his/her disintegrated feelings.</li> <li>- Unconditional Positive Regard.</li> <li>- Empathy</li> <li>- Therapist reflects the feelings of the client in non judgemental manner.</li> <li>- Any three points from above</li> </ul>	<p>1</p> <p>1</p> <p>1</p>	<p>3</p>
27		<p>Explain any three of the following:-</p> <ul style="list-style-type: none"> <li>- Assertiveness</li> <li>- Time management</li> <li>- Rational Thinking</li> <li>- Improving Relationships</li> <li>- Self-care</li> <li>- Overcoming Unhelpful habits</li> </ul>	<p>1</p> <p>1</p> <p>1</p>	<p>3</p>

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
28		<ul style="list-style-type: none"> <li>- Effect on cognitive processes and social behaviour</li> <li>- Reduces the habit of reading and writing and reduces the outdoor activities</li> <li>- effect on concentration, creativity, ability to understand and social interaction.</li> <li>- Makes more aggressive</li> <li>- a consumarist attitude is developed.</li> </ul>	<p style="text-align: center;">1</p> <p style="text-align: center;">1</p> <p style="text-align: center;">1</p> <p style="text-align: center;">1</p>	4
29.	a.	<p>RET</p> <ul style="list-style-type: none"> <li>- Formulated by Albert Ellis</li> <li>- ABC Analysis</li> <li>- Non directive Questioning</li> <li>- Irrational Beliefs</li> </ul>	2	
	b.	CBT		

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
		<ul style="list-style-type: none"> <li>- Most popular Therapy</li> <li>- Short and effective treatment for anxiety, depression, panic attacks and borderline Personality disorder.</li> <li>- Uses a biopsychosocial approach</li> <li>- Combines cognitive Therapy with behavioural techniques</li> </ul>	2	4
30		<p>Explain</p> <ul style="list-style-type: none"> <li>- Primary Group with its characteristics and with example</li> <li>- Secondary Group with its characteristics and with example</li> </ul>	2  2	4
31		<p>Explain any two in detail</p> <ul style="list-style-type: none"> <li>- Anorexia Nervosa</li> <li>- Bulimia Nervosa</li> </ul>	2	4



Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
		- Binge Eating.	2	
32		- Developed by J.P Das, Jack Naglieri, and Kirby Explain the following :- - Arousal / Attention - Simultaneous and successive processing - Planning	1 1 1	4
33		Explain any two: - Dissociative Amnesia - Dissociative Identity disorder - Depersonalisation / Derealisation dis- order	2 2	4
34		Explain: - Relaxation Techniques - Meditation Procedures - Biofeedback - Creative Visualisation - Cognitive behavioural	1 1 1 1 1	6



Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
		Techniques - Exercise	1	
35		- Howard Gardner - Linguistic - Logical - mathematical - Spatial - Musical - Bodily - kinaesthetic - Interpersonal - Intrapersonal - Naturalistic [Explain Any Six]	1 1 1 1 1 1 1	6
36		Explain any three :- - The Rorschach Inkblot Test - The Thematic - Apperception Test - Rosenzweig's Picture - Frustration Study - Sentence Completion Test	2 2 2 2	6

