

Health & Physical Education. Art Education and Work Education

Class : VIII

Time : 2 hrs

Score : 45

Instructions

- Question paper includes 3 parts – Health & Physical Education, Art Education and Work Education.
- Each part carries 15 score.
- Use separate answer sheets for each parts.
- Write Subject, Name, Class and Roll Number on each answer sheets.
- First 15 minutes may be allotted as cool off time

HEALTH & PHYSICAL EDUCATION

Question 1-6. Attempt any FOUR. Each question carries 1 score.

(4x1=4)

1. In which year was the World Health Organization formed?
 a. 1936 b. 1948 c. 1951 d. 1964
2. World Food Day is observed on
 a. June 5th b. April 7th c. October 16th d. September 7th
3. An example of a free moving joint is
 a. Elbow joint b. Spinal joint c. Cranial joint d. Hip joint
4. The person who won the highest number of medals in the Olympics?
 a. Leander Pace b. Usain Bolt c. Michael Phelps d. Lionel Messi
5. What enables a dancer to perform complex movement?
 a. Muscle strength b. Flexibility
 c. Agility d. Neuro muscular co ordination
6. How many bones are there in a human body?
 a. 209 b. 183 c. 206 d. 219

Question 7-11. Attempt any FOUR. Each question carries 2 scores

(4x2=8)

7. Match the following

A	B
1. Immovable joint 2. Muscle strength 3. Freely movable joint 4. Balance	An elephant carries a heavy load Walking on a tight rope Skull Shoulder joint

8. What are the benefits of participating in sports activities?
9. What are joints? How are they classified?
10. What are the main functions of muscles?

11. What is sports related physical fitness?

Questions 12-13. Attempt any ONE of the following.

(1x3=3)

12. Write any three advantages of Bhujangasana

13. What is health? Which are the three levels of health?

ART EDUCATION

Questions 1 to 6. Attempt any FOUR of the following. Each questions carries 1 Score.

(4x1=4)

- Name the Instrument used by the main singer in 'Kathakali Music'.
a. Chengila b. Keyboard c. Guitar d. Violin
- Name the famous illustrator who passed away recently?
a. Nedumudi Venu b. Artist Namboothiri c. Innocent d. Kadammanitta
- Who is the famous Artist, known as the 'Kulaguru' and 'Kulapathi' of Koodiyattam?
a. Vineeth b. Hyderali
c. Madhu Balakrishnan d. Ammannoor Madhava Chakyar
- Who founded the unique theatre system, 'Thanathu'?
a. Kavalam Narayanapanicker b. K.P. Ummer
c. Murugan Kattakkada d. G. Sankarakuruppu
- Which Indian film bagged the Oscar Award 2023 for best song?
a. Bahubali b. RRR c. Lucifer d. Minnaminungu
- What type of musical instrument is 'Madhalam'?
a. String instrument b. Wind instrument
c. Percussion instrument d. Metallic instrument

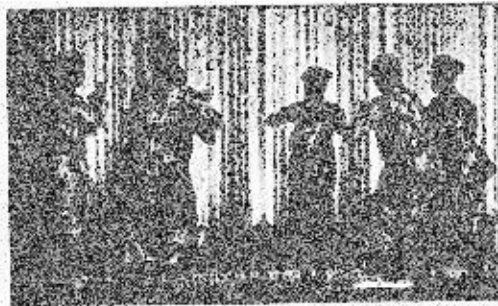
Questions 7 to 11. Attempt any TWO of the following. Each question carries 3 Score.

(2x3=6)

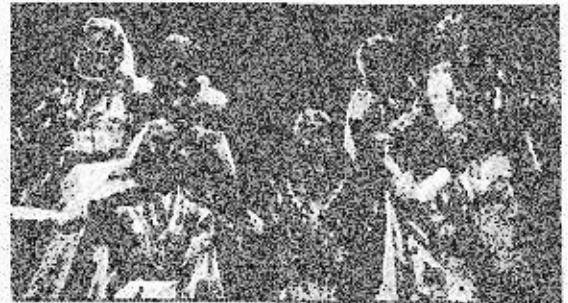
- Prepare a short description about Kathakali music?
- Briefly describe any one of the following Dance forms.



Thiruvathira



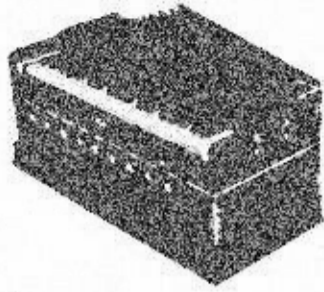
Margamkali



Oppana

- Imagine that you are participating in Onam celebration and you are excited by the different colours around you. Can't you see the primary colours among them? Which are they?

10. Observe the pictures below and identify the 'pitch instrument'.



a.....



b.....



c.....

11. Write the names of three art forms which give due importance to acting?

Questions 12 to 14. Attempt any ONE of the following.

(1x5=5)

12. A vacation in a village. Boys are pelting stones at the mango tree in the homestead and some are eating the mangoes. A few are drawing water from the well and drinking it. Mother is chopping the jackfruit at the backward. A little lamb is hopping and running around in the courtyard. Birds are chirping on the branches of a tree.

Draw a picture of this scene and colour it.

13. Classify the following art forms as Classical Arts forms and Folk Arts forms.

[Bharatanatyam, Folk dance, Kuchipudi, Chakyarkooth, Margamkali, Oppana, Poorakkali, Mohiniyattam, Kerala Nadanam, Villadichan Pattu, Kathakali, Ottanthullal, Kolkali, Parichamuttukali.]

14. Prepare a poster on 'Drug-Free Kerala' (Use separate paper for drawing)

WORK EDUCATION

Questions 1-4. Attempt any THREE of the following. Each question carries 1 Score.
(3x1=3)

1. The manure made from organic ingredients is known as :-

- a. Nitrogen b. Inorganic fertiliser
c. Chemical fertiliser d. Organic fertiliser

2. Which is the Vitamin most commonly found in edible leaves?

- a. Vitamin A b. Vitamin D c. Vitamin C d. Vitamin B

3. Pick out the colour that is not included in secondary colours.

- a. Violet b. Blue c. Orange d. Green

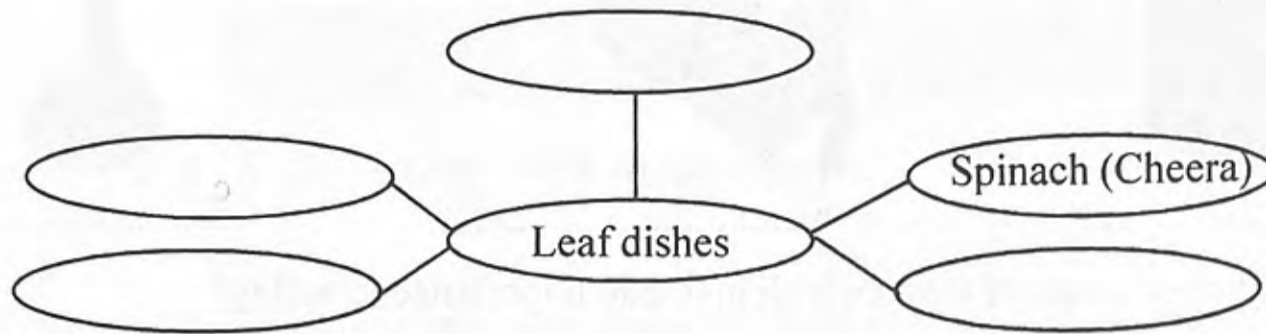
4. Which one of the following is not needed for vegetable printing?

- a. Knife b. Sponge c. Carbon paper d. Fabric paint

Questions 5-9. Attempt any FOUR of the following. Each question carries 2 Score.
(4x2=8)

5. Complete the Word Web.

During the rainy season, we eat a lot of dishes made from leaves. Complete the word web using the names of the edible leaves that you see around you.



6. What are the materials required for fabric painting?
7. Ponnu and Chinnu are on their way to school. Ponnu threw a plastic cover to the road. Seeing this, Chinnu explains to Ponnu about the harmful effects of plastic. What may be the possible explanations made by Chinnu?
8. Write four products you can make with waste cloth material.
9. Describe the process of making a paper flower of your choice.

Questions 10-11. Attempt any ONE of the following. (1x4=4)

10. June 5th is the World Environment Day. Prepare a Poster on 'Environment Day'.
11. Write the names of three organic pesticides and describe the process of the preparation of any one pesticide.