

Health & Physical Education, Art Education and Work Education

Class : IX . 0

Time : 2 hrs

Score : 45

Instructions

- Question paper includes 3 parts – Health & Physical Education, Art Education and Work Education.
- Each part carries 15 score.
- Use separate answer sheets for each parts.
- Write Subject, Name, Class and Roll Number on each answer sheets.
- First 15 minutes may be allotted as cool off time

HEALTH & PHYSICAL EDUCATION

Question 1-6. Attempt any FOUR. Each question carries 1 score.

(4x1=4)

1. Name the Indian player who won Bronze medal in Atlanta Olympics in Tennis Men Singles:
 a. Kapil Dev 2. Leander Paes c. Mahesh Bhupathi d. Rohan Boppanna
2. Where was the first National Games held ?
 a. Lahore b. New Delhi 3. Singapore d. Goa
3. Who was the Malayalee swimmer who won many medals in individual aquatic events at the 35th National Games:
 a. Sanju Samson b. Sajan Prakash c. I M Vijayan d. Sebastian Xavier.
4. International Yoga Day:
 a. July 21 b. June 5 c. June 21 d. April 7.
5. What is the abbreviated form of the National Agency for Research and Training in Education:
 a. NCRT b. NCERT c. NCT d. CCRT
6. What is the first aid given for sunburn:
 a. Massage b. Cooling
 c. Measure the body Temperature d. Measure pulse

Question 7-12. Attempt any FOUR. Each question carries 2 scores

(4x2=8)

7. What is meant by Malnutrition?
8. What is Surplus energy?
9. What are the benefits of performing 'Anuloma and Viloma Pranayamas'?
10. Name four International games in Tennis.
11. Write the full form of SGFI.

12. What is sunburn? What are the precautions against sunburn?

Questions 13-14. Attempt any ONE of the following.

(1x3=3)

13. Explain how sports competitions help in promoting national unity and other values.

14. What are the rules and regulations to be followed in Tug - of - War competition.

ART EDUCATION

Questions 1 to 6. Attempt any FOUR of the following. Each questions carries 1 Score.

(4x1=4)

1. Which among the following is an image editing software?

a. Gimp

b. Marble

c. Geogibra

d. Audacity

2. Name the branch of music developed in South India:

a. Hindustani

b. Karnatic Music

c. Gazel

d. Khayal

3. The acting style with movements of body parts:

a. Aharyam

b. Vachikam/Oral

c. Sathwikam

d. Aangikam

4. Who is the author of the play 'Kapalika'?

a. G. Sankarapillai

b. Kavalam Narayanapanicker

c. N. N. Pillai

d. Vayala Vasudevan Pillai

5. Name the artist who won the State Film Award 2023 for best actress for her performance in the film 'Rekha'.

a. Manju Warriar

b. Anna Ben

c. Aparna Balamurali

d. Vincy Alosious

6. Name the Travancore king who composed many songs and contributed to Karnatic Music.

a. Raja Ravivarma.

b. Swathy Thirunal

c. Marthanda Varma.

d. Sree Chithira Thirunal

Questions 7 to 11. Attempt any THREE of the following. Each question carries 2 Score.

(3x2=6)

7. Say whether the following statements are true or false:

a. Tazan was a famous musician in Hindustani music.

b. Thillana is a form/style of music in Karnatic

c. Chembai Vaidyanatha Bhagavathar was a famous musician in Karnatic Music.

d. Gazal is a form/style of music in Karnatic

8. Observe the following images showing 'Navarasa' and identify the 'rasa':



a



b



c



d

9. Name the quadruple acting (Chaturvidha abhinayam):

10. Identify the artists given below:



a



b

11. Write the names of any four stringed instrument:

Questions 12 to 13. Attempt any ONE of the following.

(1x5=5)

12. Draw a picture of a memorable moment in your student life:

13. Two friends go to visit their hospitalised friend. On the way they see a purse on the road. Write a possible conversation between the friends. (at least five exchanges)

WORK EDUCATION

Questions 1-4. Attempt any THREE of the following. Each question carries 1 Score.

(3x1=3)

1. The instrument to find out the errors in the distribution and flow of electricity:

a. Ammeter

b. Volt meter

c. Hydrometer

d. Multi-meter

2. Pick out the raw material used commonly in soap making from the options given below

a. Caustic Soda

b. Sodium meta Bi sulphate

c. Acetic Acid

d. Copper Sulphate

3. Name the herbal plant used for the making of cosmetic products:
 a. Poovamkurunnila b. Aloe vera c. Mexican Mint d. Leucas aspera
4. A method of farming in agriculture to overcome the climatic changes:
 a. Grow bag b. Terrace farming c. Poly house farming d. Vertical Farming

Questions 5-9. Attempt any FOUR of the following. Each question carries 2 Score. (4x2=8)

5. Write how Secondary colours are prepared (any two):
6. Animals' fur is used to make woollen clothes. Name any two animals used for this purpose:
7. Write the full form of MCB and ELCB.
8. Match the following

A	B
OHP sheet	Aluminium sheet
Thread pattern	Cotton
Metal engraving	Glass painting
Doll making	Nail

9. Write any four materials used for stuffed toy making:

Questions 10-11. Attempt any ONE of the following. (1x4=4)

10. June 26 is observed as 'International Anti Drug Day' to create an awareness regarding drug abuse and unauthorised drug distribution. Prepare a poster in connection with International Anti Drug Day.
11. Name the materials used for making office file board. Explain the method of its preparation: