

# ANSWER KEY

XII YEAR HIGHER SECONDARY EXAMINATION ..... March 2024

PART-III/III

SUBJECT: ..... PSYCHOLOGY .....

CODE NO: SY 533

VERSION:.....

60... SCORES

...2... HOURS

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
1.		a, Centrality.	1	1
2		d Crowd	1	1
3.		c. Cognitive Competence	1	1
4.		a. Bodily Build and Temperament	1	1
5.		b. Eustress	1	1
6.		c. Anxiety	1	1
7.		b. Burn Out	1	1
8.		a. Therapeutic Alliance	1	1
9.		c. Carl Rogers.	1	1
10.		→ Concept introduced by Salovey & Mayer → The ability to monitor one's own and others emotions. → To use the information to guide one's thinking and action → It is also called EQ	2	2

→ It is helpful to overcome difficulties in life  
(any two points)

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
11.		Repression Regression Denial Projection Reaction formation Rationalisation (any two of the above)	2	2
12.		- Frustration - Conflict - Internal pressure - Social pressure. (Any two of the above)	2	2
13.		Inattention Hyperactivity - Impulsivity	1 1	2
14.		Obsessions :- It is the inability to stop thinking about a particular idea or topic OR → Unpleasant and shameful thought (Ex :-) Compulsions :- The need to perform certain behaviours over and over again OR → counting, ordering, checking, washing etc	1 1	2

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
15		<ul style="list-style-type: none"> <li>→ Informed Consent</li> <li>→ Confidentiality</li> <li>→ Alleviating personal distress</li> <li>→ Integrity of the practitioner</li> <li>→ Respect for human rights and dignity.</li> <li>→ Professional Competence</li> </ul> <p style="text-align: center;">(Any two)</p>	<p style="text-align: center;">1</p> <p style="text-align: center;">1</p>	<p style="text-align: center;">2</p>
16.		<ul style="list-style-type: none"> <li>Roles</li> <li>Norms</li> <li>Status</li> <li>Cohesiveness</li> </ul> <p style="text-align: center;">(Any two)</p>	<p style="text-align: center;">1</p> <p style="text-align: center;">1</p>	<p style="text-align: center;">2</p>
17.		<p>Verbal Test ⇒ require subject to give verbal response</p> <p>→ can be administered only to literate</p> <p>Performance :- Require subject to manipulate objects and other materials to perform a task</p>	<p style="text-align: center;">} 1½</p> <p style="text-align: center;">} 1½</p>	<p style="text-align: center;">3</p>
18.		<p>Trait : Stable, persistent and specific way of behaving</p> <p>Source Trait } Surface Trait } Explanation</p>	<p style="text-align: center;">1</p> <p style="text-align: center;">1</p>	<p style="text-align: center;">3</p>

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
19		Alarm- reaction stage Resistance stage Exhaustion stage (Explanation of above points)	1 1 1	3.
20		Affect OR Feeling Behavioural OR Action Cognitive OR Thinking	1 1 1	3.
21		Primary Groups. → Pre-existing formations which are given to the individual Ex: family, caste, Religion Secondary Group. → Those which individuals join by chance choice Ex: Membership of political party	1/2 1/2	3

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
22		<p>Coping is a dynamic situation specific reaction to stress</p> <p><u>Endler</u> and <u>Parker</u></p> <ul style="list-style-type: none"> <li>→ Task-Oriented Strategy</li> <li>→ Emotion-Oriented Strategy</li> <li>→ Avoidance-Oriented Strategy</li> </ul> <p style="text-align: center;">OR</p> <p>Lazarus &amp; Folkman</p> <ul style="list-style-type: none"> <li>→ Problem focussed</li> <li>- Emotion focussed</li> </ul> <p>(Explain)</p>	<p>1</p> <p>1</p> <p>1</p> <p>1 1/2</p> <p>1/2</p>	<p>1</p> <p><del>3</del></p> <p>4</p>
23.		<p>Generalised Anxiety Disorder</p> <p>panic disorder</p> <p>Phobias</p> <p>Separation Anxiety Disorder</p> <p>(Brief Explanations)</p>	<p>1</p> <p>1</p> <p>1</p> <p>1</p>	<p>4</p>
24.		<ul style="list-style-type: none"> <li>→ Security</li> <li>→ Status</li> <li>→ Self esteem</li> <li>→ Satisfaction of one's psychological and Social Needs</li> <li>→ goal achievement.</li> <li>→ Provide knowledge and information</li> </ul> <p>(Any four explain)</p>	<p>1</p> <p>1</p> <p>1</p> <p>1</p>	<p>4</p>

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
25		Negative Reinforcement Aversive Conditioning Positive Reinforcement Token Economy Systematic Desensitisation Modelling (Explain any four)	1  1  1  1	4
26.		Family and School environment Reference Group Personal Experience Media-related influence (Explain)	1  1  1  1	4
27.		Introduction → Linguistic — Logical — Spatial — Musical → Bodily-kinesthetic — Interpersonal — Intrapersonal — Naturalistic	1    5	6

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
28		<p>Introduction</p> <p>Stages</p> <p>Oral Stage</p> <p>Anal Stage</p> <p>Phallic Stage</p> <p>Latency Stage</p> <p>Genital Stage</p> <p>(Explain stages)</p>	1  5	6
29		<p>Relaxation Techniques</p> <p>Meditation</p> <p>Biofeedback</p> <p>Creative Visualisation</p> <p>Cognitive Behavioural Techniques</p> <p>Exercise</p> <p>(Explain)</p> <p><u>Memorize</u></p> <p>ARCHANA ROSE M.L  HSST PSYCHOLOGY  ST. JOSEPH'S &amp; ST. CYRIL'S  HSS WEST MANIYAR (08116)</p> <p>MANJULAKSHMI. P S (447461)  HSST PSYCHOLOGY  CHSS KATTILAPUOVAM (8033  Thiruvananthapuram.</p>	1 1 1 1 1 1	6