

Health & Physical Education, Art Education and Work Education

Class : VIII

Time : 2 hrs

Score : 45

Instructions

- Question paper includes 3 parts – Health & Physical Education, Art Education and Work Education.
- Each part carries 15 score.
- Use separate answer sheets for each parts.
- Write Subject, Name, Class and Roll Number on each answer sheets.
- First 15 minutes may be allotted as cool off time

HEALTH & PHYSICAL EDUCATION

Question 1-6. Attempt any FOUR. Each question carries 1 score.

(4x1=4)

1. When jumping from a height, what method is adopted to reduce the impact of hitting the floor?
 a. Rolling b. Landing c. Sliding d. Skating
2. First aid given to an unconscious person:
 a. ACC b. ABZ c. ABC d. CBA
3. Which method is used to check for airway obstruction in an unconscious person?
 a. Airway b. Choking c. Blood circulation d. Rotation
4. What is the name given to bone fractures?
 a. Sling b. Fracture c. Dislocation d. Splint
5. A condition in which bones move from joints:
 a. Dislocation b. Strain c. Sprain d. Subluxation
6. World Health Day is observed on:
 a. April 7 b. October 16 c. June 5 d. September 7

Question 7-12. Attempt any FOUR. Each question carries 2 scores

(4x2=8)

7. What is rolling?
8. Write the full form of A, B and C which are part of first aid.
9. Write any two symptoms of bone fracture.
10. What is sling?
11. When is green card given in football match?
12. What are the main functions of muscles?

Questions 13-14. Attempt any ONE of the following. 3 Score.

(1x3=3)

13. What is bone fracture? What is the first aid for bone fracture?
14. What is sunburn? What are the symptoms?

ART EDUCATION

Questions 1 to 6. Attempt any FOUR of the following. Each question carries 1 Score.

(4x1=4)

1. Who painted the famous picture "Hamsa Damayanthi"?
a. Swathi Thirunal b. Raja Ravivarma c. Shri Chithira Thirunal d. Avittam Thirunal
2. Name the song sung to the rhythm of the oarsmen's hands?
a. Folk song b. Pulluvan Paattu c. Maappila Pattu d. Vanchipaattu
3. The puppetry using the possibilities of light in which cut out shapes are used:
a. Hand puppet b. Stick puppet c. Shadow puppet d. String puppet
4. The expression of the child seeing an angry elephant
a. Veeram b. Roudram c. Shaantham d. Bhayaanakam
5. Which Malayalam movie directed by Jude Antony Joseph is based on flood?
a. Om Shanti Oshana b. Saras c. 2018 d. Oru Muthassi Gadha
6. Which is the unique dance form of Tamil Nadu?
a. Mohiniyattam b. Bharatanatyam c. Kathak d. Kuchipudi

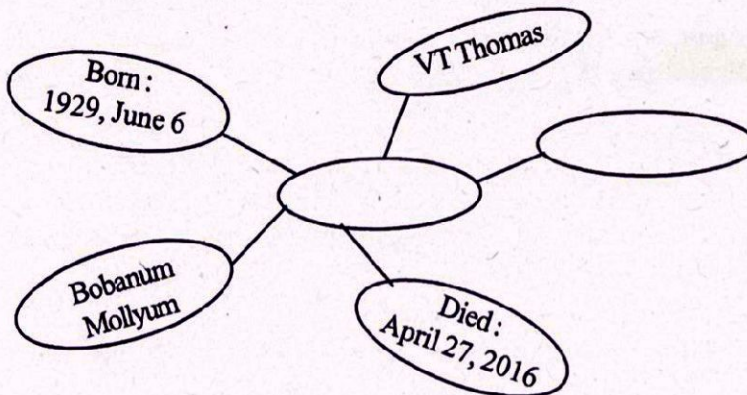
Questions 7 to 11. Attempt any THREE of the following. Each question carries 2 Score.

(3x2=6)

7. Match the following

A	B
a. Jayadevar	Maappila Paattu
b. Moyinkutty Vaidyar	Naadan Paattu
c. Arumukhan Venkitang	Vanchi Paattu
d. Ramapurathu Warriar	Ashtapadhi

8. Write the name of any two art forms that require face writing (mukhathezhuth).
9. Identify the cartoonist from the hints given below and complete the word web.



10. Write the names of the mudras seen in the picture.



a.....b.c.d.

11. "Teacher comforting a distressed child on the veranda of the classroom during lunch". Prepare a suitable conversation for this occasion.

Questions 12to 13. Attempt any ONE of the following. 5 Score.

(1x5=5)

12. Write one line each of five film songs in different tunes:
13. Cartoons are drawn with humor and criticism. Draw a cartoon based on a topic of current relevance.

WORK EDUCATION

Questions 1-4. Attempt any THREE of the following. Each question carries 1 Score.
(3x1=3)

- What is the fabric required for flap in office file making?
a. Poplin b. Calico c. Polyester d. Silk
- Which among the following decorative stitches (embroidery) is the strongest stitch?
a. Back stitch b. Chain stitch c. French note d. Buttonhole stitch
- Name the raw material required for making plaster of paris?
a. Lime b. Cement c. M. Sand d. Gypsum
- 50% Red + 50% = Violet
a. Green b. Orange c. Blue d. Yellow

Questions 5-9. Attempt any FOUR of the following. Each question carries 2 Score.
(4x2=8)

- Excessive use of chemical pesticides creates many environmental and health problems. In this situation, we should practice the use of pesticides that are not harmful to nature and health. Have you read the above? Write one environmental problem and one health problem caused by the use of chemical pesticides.
- Name any four decorative items that can be made from waste materials.

7. Match the following

A	B
Stuffed toy	Model of an image
Straw board	Waste basket
Phoenix Paper	Fur Cloth
News paper	Bouquet

8. For fabric painting in class, the intensity of the red color need to be increased and decreased. What colors should be used for this?
9. Complete the Word web:



Questions 10-11. Attempt any ONE of the following.

(1x4=4)

10. What are the materials needed to make decorative items using reed and bamboo? Describe a method of making a flower vase using it.
11. We do cleaning work in schools and public places. Prepare a poster on the importance of cleanliness in our daily life.