

A**CCE RR/PF
REVISED SYLLABUS****NSQF LEVEL-2**

**KARNATAKA SCHOOL EXAMINATION AND ASSESSMENT BOARD,
MALLESHWARAM, BENGALURU – 560 003
NSQF LEVEL-2 EXAMINATION, JUNE, 2024
MODEL ANSWERS**

Date : 15. 06. 2024]

CODE NO. : **90-EK****Subject : Beauty & Wellness**

(English Medium)

(Regular Repeater / Private Fresh)

[Max. Marks : 60

Qn. Nos.	Value Points	Total
I.	Four alternatives are given for each of the following questions / incomplete statements. Choose the correct alternative and write the complete answer along with its question number and alphabet : $10 \times 1 = 10$	
1.	The outermost layer of the skin is (A) Epidermis (B) Dermis (C) Hypodermis (D) Subcutis Ans. (A) Epidermis	1
2.	Auricularis superior muscle is present (A) In the Nose (B) Above the Ear (C) Below the Neck (D) Near the Eyebrow Ans. (B) Above the Ear	1

CCE-II-RR/PF(A)/888/4064(MA)

[Turn over

Qn. Nos.	Value Points		Total
3.	Identify the functions of skin among the following : (A) Protection, Sensation and Excretion (B) Respiration, Protection and Blood circulation (C) Metabolism, Co-ordination and Blood circulation (D) Digestion, Sensation and Respiration Ans. (A) Protection, Sensation and Excretion		1
4.	A single strand of hair on the scalp is called (A) Hair follicle (B) Hair bulb (C) Hair shaft (D) New hair Ans. (C) Hair shaft		1
5.	The method of removing hair permanently among the following is (A) Electrolysis (B) Tweezing (C) Waxing (D) Threading Ans. (A) Electrolysis		1
6.	We should avoid face threading over the areas like (A) Forehead area (B) Pimples area (C) Upper lip area (D) Chin area Ans. (B) Pimples area		1
7.	The brush designed to achieve smooth and flawless finish is (A) Eyebrow brush (B) Face powder brush (C) Blusher brush (D) Foundation brush Ans. (B) Face powder brush		1

Qn. Nos.	Value Points		Total
8.	We should never apply make-up over (A) Infected area (B) Pigmented area (C) Pimple area (D) Acne area Ans. (A) Infected area		1
9.	The cosmetic that is used to cover minor imperfection on the skin is (A) Powder (B) Concealer (C) Foundation (D) Primer Ans. (B) Concealer		1
10.	The process of ideas and information with the help of speech is called (A) Communication (B) Decoding (C) Receiving (D) Understanding Ans. (A) Communication		1
II.	Fill in the blanks with suitable answer : 4 × 1 = 4		
11.	The skin secretes sweat and sebum through the gland. Ans. Sebaceous		1
12.	The range of pH of normal skin is Ans. 5.5 to 5.8		1

Qn. Nos.	Value Points		Total																
13.	Cuticle is the layer of the hair. Ans. Outermost		1																
14.	The type of bleach which is considered as safest is Ans. Cream bleach		1																
III.	Hair removing types are given in Column-A and their procedures are given in Column-B. Match them and write answer with alphabet : 4 × 1 = 4																		
15.	<table border="1" data-bbox="396 915 1138 1560"> <thead> <tr> <th data-bbox="396 915 776 957">Column-A</th> <th data-bbox="776 915 1138 957">Column-B</th> </tr> </thead> <tbody> <tr> <td data-bbox="396 957 776 1014">(i) Shaving</td> <td data-bbox="776 957 1138 1014">(a) Trims eyebrows</td> </tr> <tr> <td data-bbox="396 1014 776 1110">(ii) Tweezing</td> <td data-bbox="776 1014 1138 1110">(b) Removes hair using blade</td> </tr> <tr> <td data-bbox="396 1110 776 1207">(iii) Threading</td> <td data-bbox="776 1110 1138 1207">(c) Removes hair by using strips</td> </tr> <tr> <td data-bbox="396 1207 776 1304">(iv) Waxing</td> <td data-bbox="776 1207 1138 1304">(d) Pulls out the hair from root level</td> </tr> <tr> <td data-bbox="396 1304 776 1400"></td> <td data-bbox="776 1304 1138 1400">(e) Removes hair permanently</td> </tr> <tr> <td data-bbox="396 1400 776 1476"></td> <td data-bbox="776 1400 1138 1476">(f) Laser hair treatment</td> </tr> <tr> <td data-bbox="396 1476 776 1560"></td> <td data-bbox="776 1476 1138 1560">(g) Removes hair by pulling</td> </tr> </tbody> </table> <p data-bbox="396 1560 1138 1766"> Ans. (i) (b) Removes hair using blade (ii) (d) Pulls out the hair from root level (iii) (a) Trims eyebrows (iv) (c) Removes hair by using strips </p>	Column-A	Column-B	(i) Shaving	(a) Trims eyebrows	(ii) Tweezing	(b) Removes hair using blade	(iii) Threading	(c) Removes hair by using strips	(iv) Waxing	(d) Pulls out the hair from root level		(e) Removes hair permanently		(f) Laser hair treatment		(g) Removes hair by pulling	<p data-bbox="1149 911 1239 1560"></p> <p data-bbox="1149 1560 1239 1766"> 1 1 1 1 </p>	<p data-bbox="1239 911 1346 1560"></p> <p data-bbox="1239 1560 1346 1766">4</p>
Column-A	Column-B																		
(i) Shaving	(a) Trims eyebrows																		
(ii) Tweezing	(b) Removes hair using blade																		
(iii) Threading	(c) Removes hair by using strips																		
(iv) Waxing	(d) Pulls out the hair from root level																		
	(e) Removes hair permanently																		
	(f) Laser hair treatment																		
	(g) Removes hair by pulling																		

Qn. Nos.	Value Points		Total
IV.	Answer the following questions : 6 × 1 = 6		
16.	Name the pigment that gives colour to the skin.		
	Ans.		
	Melanin		1
17.	Why threading should be done with a thin cotton thread ?		
	Ans.		
	Thin cotton thread grips the hair from the root and removes it from the follicle		1
18.	Mention the two stages of hair growth cycle.		
	Ans.		
	❖ Anagen stage	½	
	❖ Catagen stage	½	1
19.	Name the different types of eye shadow.		
	Ans.		
	❖ Pencil crayons		
	❖ Powder		
	❖ Cream		
	❖ Gel and shimmer		1
20.	What is the function of scrubber ?		
	Ans.		
	❖ Using a scrubber helps remove dead cells from the		
	foot.		1

Qn. Nos.	Value Points		Total
21.	What do you understand by personal hygiene ? Ans. ❖ Wear the salon uniform ❖ Maintain oral hygiene	 ½ ½	1
V.	Answer the following questions : 6 × 2 = 12		
22.	Why skin loses its moisture ? Ans. Excess exposure to the sun, wind and cold. ❖ Excess use of degreasing products ❖ Heating and air conditioning ❖ Flow of sebum slowing down with age <p style="text-align: center;">OR</p> What are the precautions to be taken before waxing ? Ans. ❖ Do not apply body lotion ❖ Do not take hot or bubble bath ❖ Do not shave hair in the area where waxing. ❖ Waxing is to be performed at least three days before the procedure.	 ½ ½ ½ ½ ½ ½ ½ ½	2
23.	Write the drawbacks of threading. Ans. ❖ The effect of threading lasts for 1-2 weeks ❖ Redness or rashes ❖ Avoid threading on areas with pimples ❖ The procedure has to be done at frequent intervals <p style="text-align: center;">OR</p>	 ½ ½ ½ ½	2

Qn. Nos.	Value Points		Total
	Mention the benefits of Transluscent powder. Ans. ❖ more natural look ❖ basis for make-up ❖ matte appearance ❖ removes extra oil from the face	 $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$	 2
24.	Explain the method of applying Blusher. Ans. ❖ Take out some blusher ❖ Add a shader ❖ Apply the blusher using on cheek bones ❖ Place the blush middle of the area	 $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$	 2
25.	Write the difference between powder bleach and cream bleach. Ans. Powder bleach : ❖ It can be used on dark spots and freckles ❖ It is intense Cream bleach : ❖ It is safest bleach ❖ It is protective shield on skin	 1 1	 2
26.	How does skin provide protection to our body ? Ans. Skin protects the body from ❖ Injury, heat, radiation, dust, chemicals	 2	 2

Qn. Nos.	Value Points		Total
27.	<p>What are the prerequisites of good team work ?</p> <p>Ans.</p> <ul style="list-style-type: none"> ❖ Clear objectives ❖ Clear job roles ❖ Effective communication skills ❖ Open to new ideas ❖ Balanced planning and action ❖ A sense of humour ❖ A fair and decisive leader. (consider any <i>four</i>) 	<p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1/2</p>	2
VI.	Answer the following questions : 4 × 3 = 12		
28.	<p>Name the layers of epidermis and explain briefly.</p> <p>Ans.</p> <ul style="list-style-type: none"> ❖ Stratum Corneum <i>Chorny layer</i> → It is the outermost layer of the epidermis ❖ <i>Stratum lucidum</i> → It refers to dehydrated cells with no nuclei and organelles ❖ It contains keratin ❖ <i>Stratum granulosum</i> → It consists of cells called keratinocytes ❖ <i>Stratum spinosum</i> → It is made up of spiny polyhedral cells connected by 'desmosomes' ❖ <i>Basal layer</i> → It is made up of cuboidal and columnar cells. (consider any <i>three</i>) 	<p>1</p> <p>1</p> <p>1</p>	3

Qn. Nos.	Value Points		Total
29.	<p>Mention the types of bleach and explain any one of them.</p> <p>Ans.</p> <ul style="list-style-type: none"> ❖ powdered bleach ❖ milk bleach ❖ cream bleach ❖ soap oil bleach <p>Milk bleach : It is suited for sensitive skin</p> <ul style="list-style-type: none"> ❖ It consists of milk powder and ammonia. 	<p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1</p>	<p>3</p>
30.	<p>Explain the measures that the clients should follow after waxing.</p> <p>Ans.</p> <ul style="list-style-type: none"> ❖ Wash the hands and apply an antiseptic cream ❖ Do not touch the area with uncleaned hands ❖ Do not use deodorant ❖ Do not take hot bath ❖ Do not go to gym ❖ Avoid swimming, sunbathing ❖ Wear clean, loose cotton clothes. <p style="text-align: center;">OR</p> <p>Mention the types of make-up brushes and explain any one brush.</p> <p>Ans.</p> <ul style="list-style-type: none"> ❖ Face powder brush ❖ Blusher brush ❖ Contour brush. ❖ Eyebrow brush ❖ Eye shadow brush ❖ Fluff brush ❖ Lip filler brush ❖ Blusher brush : • blusher brush is rounded head • It is used to blend along the cheek bones 	<p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1</p> <p>1</p> <p>1</p>	<p>3</p> <p>3</p>

Qn. Nos.	Value Points		Total
31.	<p>Write the tools required for threading. How do you prepare your clients before threading ?</p> <p>Ans.</p> <ul style="list-style-type: none"> ❖ Thread (24-30 inches) ❖ Eyebrow brush ❖ Scissors ❖ Tweezers, cotton wool, powder ❖ Clean the hands using clean towel ❖ Make the client sit comfortably on a chair ❖ Put a head band, protect the client hair from damage ❖ Wipe the client's face with an antiseptic ❖ Apply powder on the area 	<p>1</p> <p>1</p> <p>1</p>	3
VII.	Answer the following questions : 3 × 4 = 12		
32.	<p>Explain the process of cleansing and toning.</p> <p>Ans.</p> <ul style="list-style-type: none"> ❖ Cleansing : <ul style="list-style-type: none"> • It removes all impurities accumulated in the pores • Cleansing milk is used to cleanse the face of make-up • It melts as it comes in contact with the skin ❖ Toning : <ul style="list-style-type: none"> • It refreshes and cools the skin • Tonner is also known as astringent • It cleans the skin surface of excess oil and last traces of dirt. <p style="text-align: center;">OR</p>	<p>2</p> <p>2</p>	4

Qn. Nos.	Value Points		Total
	Describe the procedure of upper lip threading. Ans. <ul style="list-style-type: none"> ❖ Use a cotton thread ❖ Hold one end of the thread in the mouth and the other in the hand ❖ To remove oiliness apply unpurified powder on the area above the upper lip ❖ Wind the thread at the centre around 10 times ❖ Place the thread above the upper lip of the client ❖ Ask to client to place the tongue under the upper lip ❖ Check for stray hair ❖ After threading above the upper lip is done, massage the area with lotion or astringent solution. 	 $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$	4
33.	Explain the steps of applying foundation. Ans. <ul style="list-style-type: none"> ❖ Moisturize the client's skin with an appropriate moisturizer ❖ Decant little foundation from the container onto a palette ❖ After selecting the foundation ❖ One must start with making foundation dots on the forehead ❖ Over the brush downwards to blend the foundation with the skin ❖ Remove extra foundation around the hairline ❖ After applying foundation use a green cover stick. 	 $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$	4

Qn. Nos.	Value Points		Total
34.	<p>Describe the procedure of patch test.</p> <p>Ans.</p> <ul style="list-style-type: none"> ❖ Select a bleach for client's skin ❖ Take a teaspoon of bleach cream, mix it with two granules of ammonia ❖ Apply the mixture on a small patch of the skin behind the ear ❖ Wait for 10-15 minutes and observe for signs of allergy and redness on the skin ❖ In case of allergy or rashes avoid chemical ❖ If no allergy is observed may proceed with procedure. <p style="text-align: center;">OR</p> <p>Suggest the general guidelines for preparing the make-up workspace area.</p> <p>Ans.</p> <ul style="list-style-type: none"> ❖ Keep the work area clean and tidy ❖ Use only sterilized tools and equipment ❖ Wash the hands with an anti-bacterial soap or hand wash ❖ Never apply make up over an infected area ❖ Dispose of the waste hygienically in a bin 	<p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1</p> <p>1</p> <p>1/2</p> <p>1/2</p> <p>1</p> <p>1</p> <p>1</p>	<p>4</p> <p>4</p>