

SUMMATIVE ASSESSMENT – II 2025-26

Health & Physical Education, Art Education
and Work Integrated Education

Class : IX

Time : 2 hrs

Score : 45

Instructions

- Question paper includes 3 parts - Health & Physical Education, Art Education and Work Integrated Education.
- Each Part carries 15 Score.
- Use separate answer sheets for each parts.
- Write Subject, Name, Class and Roll Number on each answer sheets.
- First 15 minutes may be allotted as cool off time.

Health and Physical Education

- 1 Match the following and choose the correct answer.

Activity	Fitness Component
A. Changing direction quickly	1. Flexibility
B. Yoga	2. Speed
C. Sprint	3. Coordination
D. Catching in Cricket	4. Agility

- a) A - 3 B - 2 C - 1 D - 4
 b) A - 2 B - 3 C - 4 D - 1
 c) A - 4 B - 1 C - 2 D - 3
 d) A - 1 B - 4 C - 3 D - 2

(Score 1)

2. Read the statements and choose the correct answer.

A) Physical development is gained through participation in sports activities.

B) Participation in sports activities reduces intellectual abilities.

- a). Both A and B are correct.
 b). Only A is correct.
 c). Only B is correct.
 d). Both A and B are incorrect.

(Score 1)

3. What is Choking? Write any four symptoms. (Score 2)
4. Which parts of the body gain strength and flexibility through Padahasthasana? (Score 2)
5. Explain the scope of swimming in career and therapeutic aspects. (Score 2)
6. Write four remedial measures for Text Neck. (Score 2)
- 7A What are the factors that help to perform well in Bean Bag activities?

OR

- 7B What is meant by sports culture? Explain its importance. (Score 2)
- 8A Define lifestyle diseases. Write their causes and remedial measures.

OR

- 8B Describe the first aid procedure to be given to a person who has drowned. (Score 3)

Art Education

1. The statements given below are related to the orchestra (Melam) shown in the picture.



- i) The orchestra shown in the picture is *Chenda Melam*.
- ii) The main instrument used in *Chenda Melam* is *Maddalam*.
- iii) The instruments used in *Chenda Melam* are string instruments.

Choose the correct option:

- a) All the statements are correct.
- b) All the statements are incorrect.
- c) Statement (i) is correct and (ii) & (iii) are incorrect.
- d) Statement (i) is incorrect and (ii) & (iii) are correct. (Score 1)

- 2 **Statement** – Newspapers are printed using the offset printing method.
Reason – Offset printing is used when printing is required in large quantities.

Choose the correct answer:

- a) The statement is correct, but the reason is incorrect.
- b) Both the statement and the reason are correct.
- c) The statement is incorrect, but the reason is correct.
- d) Both the statement and the reason are incorrect.

(Score: 1)

- 3A Observe the pictures:



Pic 1



Pic 2

- a) Which of the above pictures shows an orchestra?
- b) Write the names of any three orchestra.

OR

- 3B What materials would you choose to perform a *Melam* as a group using materials available from school premises? How would you use them to create the sounds of different musical instruments? (Score 2)

- 4A Expressionist artists conveyed emotions and ideas through lines and colours, instead of representing reality exactly as it appears. Observe the painting "The Scream" by Edward Munch and write a short note on it.

(Indicators: Theme, Specialities of lines, Human figure, Expression, Inner feelings)



OR

- 4B Draw a design sketch to recreate a familiar product/device. Write any two changes you made to the old design. (Score 2)

- 5A Documentaries are videos that record real events and situations factually. Write four things to be considered while making a documentary.

OR

- 5B Suppose you are responsible for editing the videos of the Arts Festival. Explain any four things that are commonly done in video editing.? (Score 2)

- 6 Ideas can be communicated only through eye movements. In the picture, the movement of the eye to one side conveys the meaning "there". Draw two eye movements and describe the messages they communicate.



(Score 2)

- 7 The Kabuki mask is widely used in Japan. Write a brief description of any four art forms you know that use masks. (Score 2)

- 8 Suppose your school receives permission to start an Art Centre with the aim "To develop a creative generation and nurture creativity in children."

You need to prepare a brief plan including the art areas suitable for children, the necessary facilities, and the benefits that can be achieved through it. A sample is attached below.

Area of art : Dance - A practice room, Storage space for materials, Green room, Stage for performance, Sound system, Students interested in dance get training and opportunities to perform.

Similarly, prepare a plan for any three other areas of art.

(Score 3)

Work Integrated Education

- 1 **Statement – 1** "Personal relationships play a major role in making life beautiful".

Statement – 2 "Strong relationships provide emotional support, reduce loneliness, and enrich life experiences."

Choose the correct answer based on these statements.

- a) Both Statements are correct, and Statement 2 is the correct explanation of Statement 1.
- b) Both Statements are correct, but Statement 2 is not the correct explanation of Statement 1.
- c) Statement 1 is correct, but Statement 2 is incorrect.
- d) Both Statement 1 and Statement 2 are incorrect. (Score: 1)

- 2 Match the following and choose the correct answer

A Attentive listening	1. Conveying a message through facial expressions, gestures, and eye contact.
B Clarity	2. Presenting what is heard clearly in one's own words.
C Response	3. Presenting an idea simply and accurately.
D Non-verbal communication	4. Responding to ensure that the message has been understood.

a) A - 1 B - 4 C - 3 D - 2

b) A - 4 B - 1 C - 2 D - 3

c) A - 2 B - 3 C - 4 D - 1

d) A - 2 B - 4 C - 3 D - 1

(Score: 1)

- 3 When you choose a friend to share your joys and sorrows, what two important qualities would you like that friend to have? (Score: 2)

- 4 Manav realised that he needs to make changes in his daily routine in order to achieve his life goals. What suggestions would you give him for this? What are the benefits of following those suggestions? (Score: 2)

- 5 Do you laugh when you hear the same joke repeatedly? No! Similarly, there is no need to feel sad over and over about the pain you have experienced once. Do you agree with this statement? Explain. (Score: 2)