

1. Which of the following vitamins is referred to as the antirachitic vitamin?

- a) Vitamin A
- b) Vitamin B
- c) Vitamin C
- d) Vitamin D

2. Which of the following is a non essential amino acid?

- a) Leucine
- b) methionine
- c) glycine
- d) tryptophan

3. The hormone that controls let-down reflex in lactation is

- a) Estrogen
- b) Oxytocin
- c) Progesterone
- d) Prolactin

4. Which of the following conditions requires a high residue diet?

- a) Colitis
- b) typhoid fever
- c) constipation
- d) diarrhea

5. Deficiency of sodium in the diet leads to the condition

- a) hypokalemia
- b) hyponatremia
- c) glossitis
- d) neuritis

6. ICDS programme was launched in the year

- a) 1975
- b) 1972
- c) 1967
- d) 1970

7. are large size picture used for imparting knowledge in extension education

- a) Flannel board
- b) Puppets
- c) Posters
- d) Flash cards

8. The main aim of Jawhar Rozgar Yojna is

- a) health for all
- b) improvement of agriculture
- c) development of rural infrastructure
- d) reducing unemployment

9. The step in programme development where programme is actually staged

- a) Planning
- b) Implementation
- c) Follow up analysis
- d) Decision making

10. is meant to cover various educational needs of non-school going children or 'drop-outs'

- a) Formal education
- b) Class room education
- c) Non-formal education
- d) Adult education

11. Development of off flavor and odour in fats due to physical agents is termed as

- a) Dehydrogenation
- b) Hydrogenation

- a) Polymerisation
b) Winterisation
c) Hydrogenation
d) Rancidity
12. The elastic property of wheat dough is due to the property of
a) gluten
b) cellulose
c) lysine
d) amylase
13. The antinutritional factor present in pulses which inhibits absorption of proteins
a) Saponins
b) Trypsin inhibitor
c) Goitrogens
d) Cyanogenic glycosides
14. The main protein present in milk is
a) caesin
b) keratin
c) lactalbumin
d) myoglobin
15. The principle flavouring component in cardamom
a) flavonol
b) phenol
c) curcumin
d) eugenol
16. Which of the following toxin is found in groundnuts
a) Ergot
b) Patulin
c) Ochratoxin
d) Aflatoxine
17. Which of the following is a viral disease
a) Rubella
b) Meningitis
c) Diphtheria
d) Pneumonia
18. Group of bacteria most commonly involved in spoilage of protein rich foods are:
a) Closteridium
b) Streptococcus
c) Pseudomonas
d) Lactobacillus
19. The proteolytic enzyme present in the pancreatic juice is:
a) trypsin
b) pepsin
c) erepsin
d) ptyalin
20. In the cardiac cycle, the period during which the ventricle contracts is referred to as the:
a) photodiastolic phase
b) isometric phase
c) dynamic phase
d) adynamic phase
21. The Montessori system emphasises on:
a) language acquisition and cognition
b) social interaction
c) sensory experience
d) all the above
22. The sequential order of play development in children is:
a) solitary play, co-operative play, parallel play
b) solitary play, parallel play, co-operative play
c) parallel play, solitary play, co-operative play
d) co-operative play, parallel play, solitary play
23. 'Peter Pan Syndrome' is associated with:
a) discipline
b) guidance
c) over protection
d) family planning

24. ——— is the lacteal secretion of mammals, produced immediately prior to birth and intended for feeding the new born.

- a) colostrum
- b) lactogen
- c) cholesterol
- d) hemoglobin

25. The study of basic sounds which constitute any language form is called:

- a) morphology
- b) phonology
- c) pragmatics
- d) semantics

26. 1/3 of the total number of seats are reserved for women in:

- a) Assembly
- b) Parliament
- c) Panchayats
- d) Governing body of Government Organization

27. The author of the book 'Social problems in India':

- a) H.S. Sharma
- b) Ram Ahuja
- c) Chandrasekhar
- d) Ranga Rao

28. Muslim men could marry four women and divorce any wife at will by giving her:

- a) Mahr
- b) Pardah
- c) Dowry
- d) Talaq

29. Gram Swaraj is the idea of:

- a) Nehru
- b) Indira Gandhi
- c) Gandhiji
- d) Pranab Mukherji

30. Hindu Succession Act 1956 provides women the right:

- a) to buy property
- b) to sell property
- c) to own their parental property
- d) to own property of husband

31. In the matriarchal joint family usually the eldest male member is known as:

- a) Grand father
- b) Karta
- c) Godfather
- d) Father

32. Panchayat Raj means:

- a) Development
- b) Democratic decentralization
- c) Economic reform
- d) Planning

33. Cyclical unemployment is caused because of:

- a) Large scale of irrigation

33. Cyclical unemployment is caused because of:
- Large scale of irrigation
 - Faulty system of education
 - Ups & downs in trade and business
 - Over population
34. Primary data means:
- Second hand information
 - Information collected for the first time
 - Information from other thesis
 - Information from documents
35. The author of the book 'caste, class and power':
- Ram Ahuja
 - Kapadia
 - K. Panicker
 - Andre Beteille
36. Joint family consists of people of _____ generation.
- one
 - two
 - three
 - modern
37. The gas which leaked in Bhopal gas tragedy, the worst industrial accident?
- Carbon monoxide
 - Sulphur oxide
 - Methyl isocyanate
 - Carbon dioxide
38. _____ is responsible for cholera.
- Virus
 - Fungus
 - Bacteria
 - Roundworm
39. The term child labour is considered as a child working below _____ years of age.
- 18
 - 12
 - 14
 - 20
40. Nair matriarchal family is known as:
- Tarawad
 - illom
 - House
 - Home
41. _____ city has got large number of working children.
- Kochi
 - Bombay
 - Calcutta
 - Madras
42. The Central government established the National Commission for women in the year:
- 1995
 - 1992
 - 2000
 - 2004
43. The British political thinker _____ gave birth to concept of human rights.
- John Locke
 - Jack Donnelly
 - Abraham Lincoln
 - Kennedy
44. _____ organized the first Bhakti Movement which introduced new trends in the social and religious life of women in India.
- Vivekananda
 - Buddha
 - Dayananda Saraswati
 - Ramanujacharya
45. Case study method involves:
- Observation
 - Just an idea
 - In depth study
 - Survey
46. _____ is observed as International Women's day.
- 10th March
 - 8th December
 - 8th March
 - 2nd October

47. Sampling means:

- a) Selecting every unit
- b) Selection of some units
- c) Selecting all the units irrespective of their quality
- d) Studying and conducting surveys

48. Domestic Violence Act was passed in the year:

- a) 2000
- b) 2001
- c) 2010
- d) 2005

49. Seasonal unemployment is generally seen in _____ sector.

- a) Industrial
- b) Agricultural
- c) Domestic
- d) IT

50. Atmosphere means:

- a) Earth
- b) Sky
- c) Water
- d) Protection blanket of gases which are surrounding the earth.

51. The legislation which prevent sex selective abortion (Pre-natal Diagnostic Technique – PNDT Act is enacted in the year:

- a) 1994
- b) 1995
- c) 1996
- d) 1987

52. The description of a relationship between two or more people in which personal boundaries are permeable and unclear is called:

- a) Enmeshment
- b) Detachment
- c) Attachment
- d) Disconnection

53. The client's inclination to oppose counsellor's attempt to work towards setting goals is:

- a) Reassurance
- b) Resistance
- c) Reinforcement
- d) Regulation

54. Which type of counselling focus their attention to what is going on inside the individual and family?

- a) Cognitive approach
- b) Behavioural approach
- c) Eclectic approach
- d) Affective approach

55. Paraphrasing in counselling is said to be one of the:

- a) Feedback skill
- b) Listening skill
- c) Personalising skill
- d) Observation skill

56. Which type of group leader focus on establishing facilitative climatic within the group, characterised by congruence, unconditional positive regards and empathetic understanding?

- a) Gestalt group leader
- b) Person centered group leader
- c) Alderian group leader
- d) Psycho analytic group leader

57. Autism as a psychological hazard is found in which life span of an individual:

- a) Pregnancy period
- b) Infancy period
- c) Early childhood period
- d) Later childhood

58. Feeling sorrow or concern for another person is called:

- a) Sympathy
- b) Empathy
- c) Altruism
- d) Aggression

59. In which parenting style children are more likely to be socially competent, responsible and autonomous?

- a) Authoritarian
- b) Permissive
- c) Authoritative
- d) Uninvolved

60. WHO defines Adolescents as persons in the age group of:

- a) 10 to 19
- b) 13 to 18
- c) 12 to 19
- d) 10 to 18

61. The school immunisation schedule include JE vaccine to be given in the age group of

- a) At school entry aged to 5 years
- b) At 16 years of age
- c) 5 to 10 years of age
- d) 1 to 15 years of age

62. The very basic functions such as socialisation, reproductive and sexual functions, economic functions, identity and social status, and emotional security are performed by what as an institution?

- a) Marriage
- b) Family
- c) Religion
- d) Education

63. What development of children will be directly affected by the reduction of emotional and physical support by the family?

- a) Physical development
- b) Cultural Development
- c) Personality Development
- d) Career Development

64. Which category of people in the life cycle faces identity crises?

- a) Children
- b) Adolescents
- c) Adult
- d) Elderly

65. Which of the following is the prominent method of contraception in India?

- a) Male sterilisation
- b) RCH programmes

c) Abortion

d) Female sterilisation

66. What type of group after starting of membership and facilitate cohesion and trust:

a) Open group

b) Reference group

c) Mixed group

d) Closed group

67. Emotional purging in the group role play is understand as

a) Insight

b) Catharsis

c) Immediately

d) Tele

68. Evaluating the client's social functioning, attitude and emotions as specific tasks are considered.

a) Biophysical hypotheses

b) Social hypotheses

c) Psychological hypotheses

d) Spiritual hypotheses

69. The fertilised ovum is known as

a) Foetus

b) Embryo

c) Lanugos

d) Zygote

70. Biophysical dimension to the refinement or improvement of body component is called

a) Growth

b) Development

c) Hyperplasia

d) Hypertrophic growth

71. The characteristic pattern in which, an infant responds to and interacts with the environment is referred as

a) Attitude

b) Cognition

c) Temperament

d) Behaviour

72. Which one of the programmes is designed to promote survival and care of girl children?

a) SGSY

b) BSY

c) KSY

d) DWCRA

73. 'Drugs exposed infants are disorganised and may have a low sensory threshold' What type of hazard is this?

a) Biophysical hazard

b) Psychological

c) Social hazard

d) Spiritual hazard

74. The family planning programme was launched in:

a) 1952

b) 1962

c) 1958

d) 1968

75. Which is the tool that helps an individual to become self dependent, self directed and self sufficient?

- a) Social case work
- b) Career Guidance
- c) Counseling
- d) Group therapy

76. A sleep disorder characterized by periodic sleep during the day time is known as

- a) Sleep apnea
- b) Insomania
- c) Narcolepsy
- d) Daytime sleepness

77. The most effective CS-UCS temporal arrangement in classical conditioning is

- a) Delay conditioning
- b) Trace conditioning
- c) Simultaneous conditioning
- d) Backward conditioning

78. The law of effect by:

- a) B.F. Skinner
- b) E.L. Thorndike
- c) Ivan Pavlov
- d) Edward C. Tolman

79. Delusion of being a wolf:

- a) Lunacy
- b) Lycanthropy
- c) Libility
- d) Lobotomy

80. A bipolar disorder

- a) Seasonal affective disorder
- b) Dysthymic disorder
- c) Major depressice disorder
- d) Cyclothymic disorder

81. Schizosypal personality disorder grouped into

- a) Cluster A
- b) Cluster B
- c) Cluster C
- d) Cluster D

82. Self love

- a) Egotism
- b) Narcissism
- c) Mutism
- d) Mesmerism

83. A sensory experience that occurs in the absence of any external perpetual stimulus

- a) Delusion
- b) Hallucination
- c) Negative Symptom
- d) Illusion

84. Imitating the action of others

- a) Ecoparaxia
- b) Ecolalia
- c) Egocentric
- d) Embolism

85. Schizo affective disorder

- a) Psychotic disorder
- b) Mood disorder
- c) Personality disorder
- d) Somatoform disorder

86. The first Psychologist in United States, Founding a laboratory at Cornell University in 1882.

- a) Wilhelm Wundt
- b) Hermann Ebbinghaus
- c) William James
- d) Edward Titchener

87. A Humanistic Psychologist

- a) John Watson
- b) Noam Chomsky

98. The amacrine cells

- a) combine impulses from many receptors and send the results to ganglion cells
- b) Link bipolar cells to another bipolar cells and ganglion cells to other ganglion cells
- c) Send impulses to the ganglion cells and integrate other impulses
- d) Carries the visual information out the eye and back towards the brain.

99. A chemical substance used within a given species to signal sexual receptivity, danger territorial boundaries and food sources are called

- a) Hormones
- b) Neurotransmitters
- c) Pheromones
- d) Olfactory chemicals

100. Gate Central Theory by Ronald Melzack is related with

- a) Smell
- b) Kinesthetic sense
- c) Pain
- d) Hearing